



The INSIDER

An Independent Newspaper
For Wynmoor Residents

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Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification. They must have the NAME and ADDRESS of the resident they are visiting.

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- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: 954-346-4400

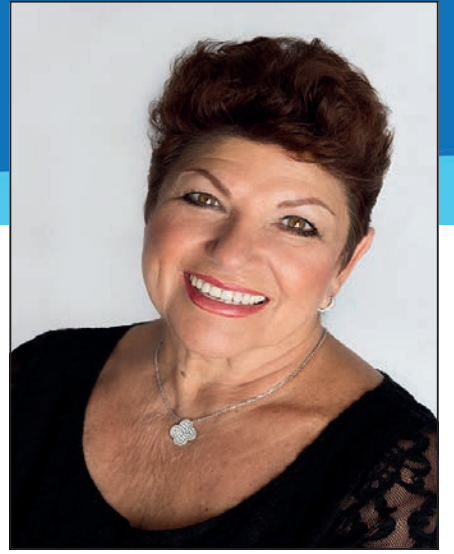
Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 10:00 PM
- Country Club: 8:00 AM - 11:00 PM
- Racquet Center: 8:00 AM - 8:00 PM
- Theatre Complex:..... (Movies Only) 7:00 PM
-(unless there is a specific approved event)

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From the President



The community of Wynmoor eagerly awaits the anticipated arrival of 2024 marking our 50th Anniversary – “Not looking a day older than 29!” (LOL) Hoping for a fresh start and a renewed sense of peace and harmony.

The sprawling 500 acres of Wynmoor, with its lush greenery and serene surroundings, seems to embrace a collective spirit of renewal. It is a place where the beauty of nature mirrors the potential for growth and reconciliation within the community. As we await the first rays of dawn to illuminate the landscape in this New Year, there is a new palpable sense of optimism and determination to make it a year of unity, understanding, and shared prosperity. Despite the challenges we face, we remain steadfast in fostering a spirit of unity and understanding.

As we embrace the challenges and opportunities ahead of us, we all carry a shared vision of preserving our slice of paradise in Wynmoor, where differences are respected, and the spirit of unity prevails.

We are excited to see the long-awaited addition of our new Main Pool furniture, it does not disappoint. We are pleased that our residents have expressed their gratitude and appreciation for the FIVE STAR ***** makeover. If you have not seen it, please make it a point to visit the area.

We have proven time and time again that the voice of Wynmoor is a strong one indeed. We are standing strong with our opposition of the Monarch Landfill, and the expansion of the Florida Turnpike. Together we will be united and seek environmental justice for our community and city.

Explore the culture in our community, on a well-guided bus tour of the beautiful Wynmoor grounds. The tour is on the first Wednesday of each month at 10:00 a.m. Reservations are required and can be made at www.wynmoorlife.com. New and existing residents please join us on the first Tuesday of each month at 10:30 a.m. in the Country Club Lecture Hall (located at the Country Club) for a “Resident Orientation.”

On behalf of the Management Committee and myself, we extend our best wishes to all of you for a Happy, Healthy, and Prosperous New Year. I hope to see many of you in my travels around the community, enjoying the many wonderful things Wynmoor has to offer.

STAY WELL AND GOD BLESS!

Jackie Railey,
President Wynmoor Community Council

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25**

Traffic Violations

The speed limit on Wynmoor Circle is **25 mph**. The speed limit in the villages is **15 mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

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FROM THE ADMINISTRATOR

By Bruce Bandler



Happy New Year! I hope 2024 starts off as well as 2023 ended. On December 9th, Wynmoor Pickleball Players held a tournament challenging the City of Coconut Creek first responders. From beginning to end the tournament went off with no glitches. Club President Chuck Milstein, Paul Steif, and all the volunteers should be complimented

for their organizational skills.

The festivities began with Mark Felsenfeld who sang both the United States and Canadian National anthems. Incidentally, Mark sang the

Canadian anthem in French, very impressive. The tournament began in round-robin style and ended with the playoffs and the awards ceremony.

Proud to say, the Wynmoor Pickleballers held their own. Wynmoor took first place (Russell Cohen & Fred David) and second place (Mario Lallier & Fred David) in division one play. While Dave Norcross & Howard Wasserman claimed third place in division two play. Congratulations!

It's nice to see all the activity around the campus. Theatre, fitness classes, golf, tennis, pickleball, and social activities are all booming!

Thank you for all the great comments regarding the furniture. A picture is worth a thousand words. Get out there and enjoy!



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Is Our Relationship Platonic Or What Do You Want?

By Mobolaji Adedoyin

At sixty plus years in age it becomes more difficult to start a relationship with another person, especially someone in your age group. Whenever two people socialize or hang out together very often, there is a silent expectation or assumption that they are in a romantic relationship, which may not be true.

A platonic relationship is one in which two people share a close bond but do not have intimacy. They may even feel love for each other, referred to as platonic love. That concept originates in the ideas of the ancient philosopher Plato, from whose name the term is derived. Plato believed that platonic love could bring people closer to a divine ideal. However, the modern use of platonic relationship or platonic love is focused on the idea of people being close friends without sexual desire. Today, that term applies to both opposite-sex and same-sex friendships.

A platonic relationship is different from a romantic relationship. While both types of relationships often involve having a deep friendship and sometimes even love, people in a romantic relationship are typically physically intimate whereas there is no physical involvement in a platonic relationship. It is possible to desire physical intimacy (such as hugging, kissing, or touching) or sex with the other person but not be engaged in these activities. If no physical intimacy or sex exists between you and the other person, it is a platonic relationship - even if the desire for intimacy exists.

A romantic relationship is beautiful at any age, but at sixty plus it becomes difficult to even cultivate or develop due to current or pre-existing psychological, medical, or emotional issues common among that age group. Women issues may include going through menopause, and other health issues that are not conducive to having or thinking of a romantic relationship. Men

may also be dealing with a few medical issues and cannot handle romantic relationships.

I believe at sixty plus a platonic relationship sincerely expressed and agreed on by two "baby boomers" could be beautiful and beneficial to both. However, someone must "break the ice" to start that sincere communication about the type of relationship he or she wants. I know it is not easy.

I met and spoke to a couple in a platonic relationship, at a Japanese restaurant, about four months ago. Jonathan and Lila made their living and retired in New York City about twelve years ago - they moved to Florida nine and seven years respectively. On a beautiful day in December 2019, they accidentally ran into each other at a parking lot at Sawgrass Mills on West Sunrise Boulevard - they were parked next to each other. After two minutes chat, they exchanged telephone numbers and agreed to meet for lunch. That was the beginning of a beautiful relationship I observed twenty minutes before I met and spoke to them for the first time four months ago. I was at the restaurant alone and I was sitting at a table about two feet from them. They greeted me, we started to chat, and they invited me to their table. We talked about everything under the sun. If they did not tell me, I wouldn't know their relationship is platonic - I thought they were married.

According to them, on their fourth date, during a breakfast, Lila "broke the ice" and started to talk about menopause. She told Jonathan she felt tired that morning because she did not sleep well due to menopause symptoms that kept her awake all night. Jonathan took that opportunity and made a full disclosure about his medical conditions that prevent him from any sexual activities. It was on that day they both knew their relationship was destined to be platonic, and so far, they are both very happy with that.

They informed me they sometimes slept over in the guest rooms at each other's condos. Jonathan knows Lila sometimes wakes up during the night

Continued on page 8

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pen to paper

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and wanders around in the kitchen and living room - he knows not to worry about her. Lila said, "Jonathan helps me to stay focused on natural remedies for menopause relief, including eating a nutritious diet rich in fruits, vegetables, and protein, among other nutrients, and getting regular physical activity."

At sixty-plus we should know what we want in a relationship with another person and don't think about what our friend(s) or children think they know is good for us - they do not know. Many people like Jonathan and Lila, enjoy a full and satisfying life without romance or sex. However, the question is when two people sixty plus meet, who has the gut to "break the ice" and communicate his or her feelings to take their relationship to a platonic level? Ladies, you should know by now that men are not very good in that department since Adam and Eve. Even when men know what they want they are either scared or timid to put their feelings into words.

That reminds me about what a wise man told me many moons ago, "You can only be sure whom you love, you cannot be too sure who loves you." Ladies and gentlemen don't be scared to express your feelings, especially when you sense some chemistry between you and another person. You cannot control what people think, but you can control what will make you happier until you close your eyes forever.

Medieval Tournament

By Lawrence E. Correia

In the summer of 1988, my brother Daniel was planning a vacation to Florida for his wife Lisa, their son Alex and daughter Jillian. It seems that Danny knew of Disney but had little knowledge of whatever else may exist in Florida worth seeing. So, he called on big brother Larry, for some update on whatever else was available.

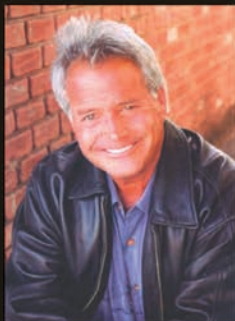
Was he in for a fantastic surprise, when I gave him a list of all the parks and entertainment, that was available in the Orlando area. In addition to the list of parks, I made arrangements for his family to stay at a timeshare bordering the main Disney Park. Needless to say, Danny and his family had one heck of a time, spending 5 days enjoying the parks. For the sixth day, I arranged for this family to enjoy an unusual dinner and theater performance at a village and castle called "Medieval Times."

I was surprised by Danny's reaction to this gift because he thought that the entertainment would be very violent and warlike. I told him that I would never subject him or his family to any real hardcore violence. So, with his hesitant approval, we went to see the medieval village getting a small glimpse of life in the Middle Ages. It was interesting to view some of the home life trades, such as blacksmith making iron tools, early weaving, pottery, and grinding wheat into flour. Even some of the living dwellings were transformed into shops selling copied items of the Middle Ages.

After going through the village, we walked over to the nearby castle. We then entered the castle to be photographed next to the Duke and Duchess of the castle and were presented with crowns representing the jousting teams of knights (our crown was green). From this entrance hall we were led to the great dining and jousting hall, where we were introduced to medieval style of dining, that is eating without knives and forks and were waited on by pages. We drank our soup from cups, ate chicken, vegetables, and even mini cakes with our hands. Beverages were provided in goblets of wine for adults and juice drinks or soda for youngsters and of course wet napkins were well provided at the end of dinner. I must admit that it was truly an interesting dining experience.

After dinner, the entertainment began with knights putting their horses

Continued on page 16



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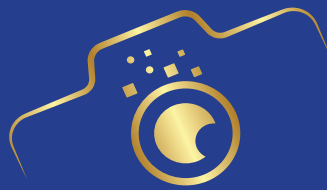


2



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- 2. ROMANDA WALKER - SUNSET IN PARADISE
- 3. NANCY LANDMAN - SPHERE OVER LAS VEGAS
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Photos by George Soussou

By Bob Horowitz

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Jon - tied 1st, Franco - 2nd, Issac - tied 1st, Bob H - 3rd



Julio, Tom P, Bob H - tied 2nd, Tony C - 1st, John W - tied 2nd



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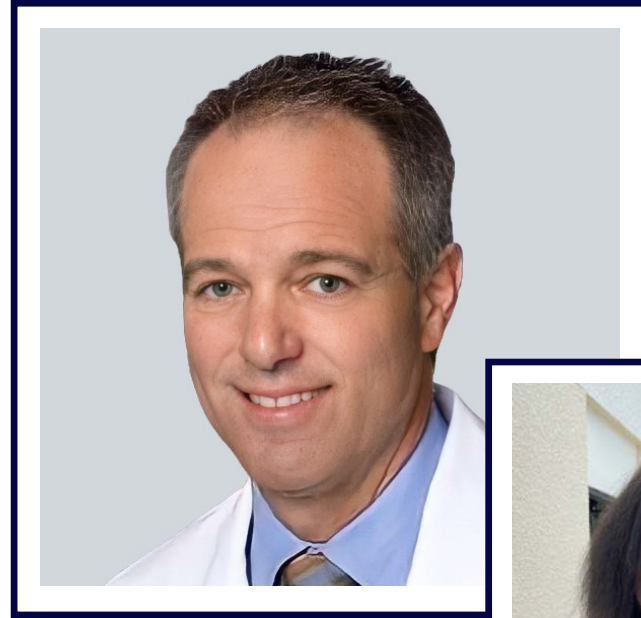
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What Legal Documents Are Most Important Now?

By Martin Zevin, Attorney

The pandemic changed almost everything. But certain legal documents are more important than ever.

If you need to be hospitalized in Florida, it is imperative that you have a Designation of Health Care Surrogate and Living Will with proper wording so there will be no problems. Do not rely on generic forms obtained online. Florida hospitals are requiring specific HIPAA compliant language not found on generic forms. Your Surrogate will be able to make medical decisions for you if you are unable to communicate. Even if the hospital does not allow any visitors, your Surrogate will be able to talk to the doctors and make decisions on the phone or e-mail. Your Surrogate does not need to be present in the hospital. All your Surrogate needs to do is e-mail or fax a copy of your document to the hospital. If there is no hope to save you, that Surrogate would be authorized to “pull the plug” based on the Living Will.

The Durable Power of Attorney is also important to allow someone to take over your legal and financial affairs. The Florida law changed in 2011. If you have an old Durable Power of Attorney, it should be redone. Again, do not rely on generic forms. Our current Power of Attorney is 26 pages to conform to Florida law.

If you should die, your Will or Revocable Living Trust will determine who inherits your assets. The Trust is important to consider if you own



your home or other real estate, because it avoids Probate. Probate can tie up your property for many months and prevent your heirs from selling without a Court Order. They would have to continue to pay taxes, maintenance, mortgage, utilities etc. in addition to thousands of dollars in attorney fees and court costs. A Life Estate Deed is another option to consider to avoid probate. Your attorney can discuss the different options and the benefits of each one.

I am providing free telephone consultations to discuss Estate Planning

and protecting yourself if you are incapacitated. In these unsettling times, putting your house in order can provide peace of mind. Once you have valid documents, hopefully you won't need them. Yogi Berra used to say: “That's the insurance when you don't have it, that's when you need it.”

Stay well.

Please feel free to call me for a free phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

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Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

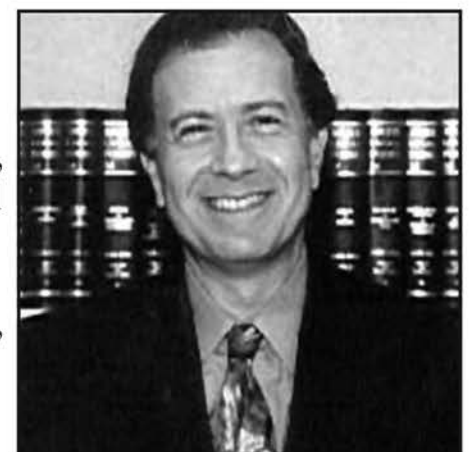
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3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
4. Review of your current legal documents.

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Martin Zevin

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Continued from page 8

through a series of intricate maneuvers, similar to those performed by Austrian Lipizzans. With the maneuvers completed, the knights went through a series of jousting to determine who would be the champion, for the lord of the castle. The jousting match primarily consists of knights charging on horseback, with blunted lances, trying to unseat their opponents. The last knight, who remained on his horse, would be declared the Lord's Champion. It was at this time a Black Knight would challenge the Lord's Champion to battle, to claim a reward. After a series of attacks using a number of medieval weapons (an axe, mace, long and short sword), the Lord's Champion (the Green Knight) won the day.

To my surprise, Danny and his family thoroughly enjoyed the nights entertainment, especially since it was the Green Knight who won the day. After we left the castle, Danny came to me saying, "I would like to apologize for doubting your choice of entertainment. Thanks, brother, for a great evening, it was a BLAST."

Balance, Strength, and Flexibility

By Ron Molino, Certified Personal Trainer

Hello everyone. Year-round residents and seasonal. Last year I wrote monthly articles mostly on balance. I will continue with that and add strength and flexibility. A favorite new balance exercise that I do with my clients is called the clock. It works on balance, strength, and flexibility. As my clients get better at it, I make it progressively harder. First, I have them doing the exercise holding on with one hand to the back of the chair, then when they can do that, I have them do it without holding on, then I have them doing it with their eyes closed and finally with a small weight, two or three pounds. The exercise goes like this. The movement is the same with all the progressions. Standing on your left foot bring your right knee up, hold back of chair with left hand and put your right hand straight out in front of you at 12 o'clock, hold for five seconds then move your arm to 3 o'clock and hold for five seconds then move to 6 o'clock hold for five seconds and move back to 12 o'clock and hold for five seconds. Repeat with the left foot up and the left hand out going from 12 o'clock to 9 o'clock to 6 o'clock and back to 9 o'clock, then to 12 o'clock.

The progression will be as I mentioned before. I will be demonstrating this at the Health and Wellness Club the third Tuesday of the month in West Wing 2. As always you can call me at 954-673-6700 if you have any questions or need any help. Hope to see you at the meeting.

Thank you, Ron



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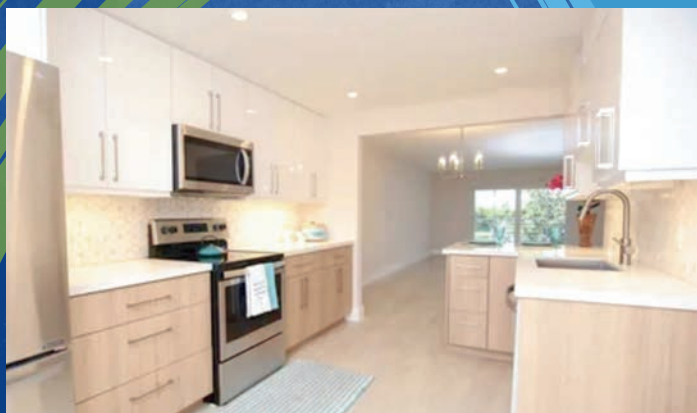
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered YES to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at 954-972-1200 and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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3005 Portofino	2bed bath Renovated, Impact Windows, Water View	\$299,000
2802 Victoria	2/2 Beautifully Renovated, Gorgeous View	\$289,000
2005 Granada	2bed 2bath Renovated, Lake View W&D	\$275,000
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Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE:** The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

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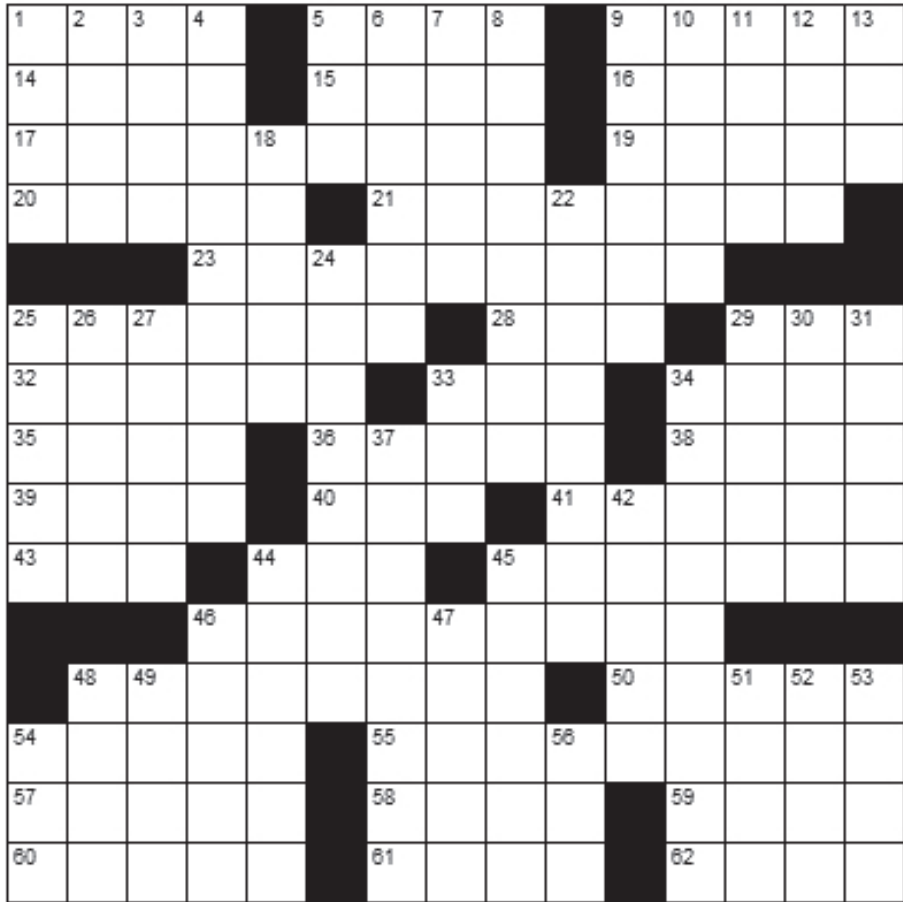
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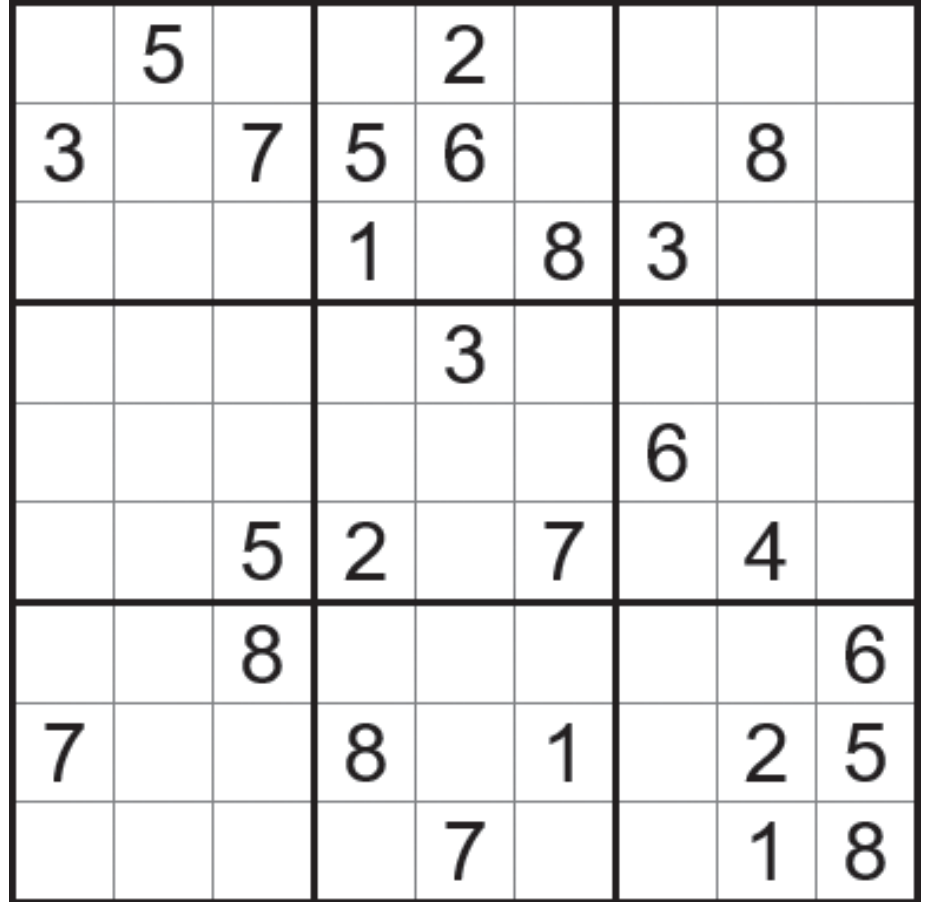
Solutions on page 64

Crossword Puzzle



- ACROSS**
- 1. Not fat
 - 5. Courts
 - 9. Illegal activity
 - 14. Designed for flight
 - 15. Ow!
 - 16. Hell
 - 17. Bestower
 - 19. Cast out
 - 20. Artist's stand
 - 21. Female server
 - 23. Tyrannizes
 - 25. Tall Indian palm
 - 28. K
 - 29. Ignited
 - 32. One more than ten
 - 33. Jewel
 - 34. Moral weakness
 - 35. Assistant
 - 36. Sleighs
 - 38. Largest continent
 - 39. Droops
 - 40. Golf ball support
 - 41. Not shorter
 - 43. East southeast
 - 44. Type of umpire
 - 45. Disputants
 - 46. United in a twosome
 - 48. Magic charm
 - 50. Spear
 - 54. Greens with dressing
 - 55. Mileage counters
 - 57. Give a speech
 - 58. Location
 - 59. Ages
 - 60. Uninterested
 - 61. Believe or trust (Scottish)
 - 62. Several
- DOWN**
- 1. Adhesive strip
 - 2. Wife of Zeus
 - 3. Angers
 - 4. Plunges nose first
 - 5. Was victorious
 - 6. Surpass in cunning
 - 7. Sea
 - 8. Uttered a shrill cry
 - 9. Bright red
 - 10. Goes ballistic
 - 11. Mid-month days
 - 12. Clutter
 - 13. Estimated (abbrev.)
 - 18. Run off to wed
 - 22. Trucker
 - 24. Ogres
 - 25. Josh
 - 26. Assumed name
 - 27. Shelf
 - 29. Fine thread
 - 30. More aloof
 - 31. Rips
 - 33. G
 - 34. Corroborates
 - 37. Farthest to the left
 - 42. Bless with oil
 - 44. Forayed into
 - 45. Indicate
 - 46. Dish
 - 47. Low point
 - 48. Tropical root
 - 49. Winglike
 - 51. Detective _____ Wolfe
 - 52. Pack to capacity
 - 53. Being
 - 54. Cry loudly
 - 56. Kitten's cry

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

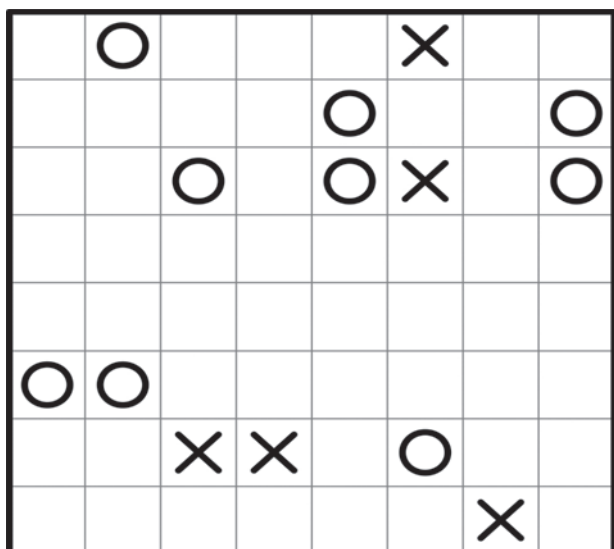
Computer Jargon

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- APPLICATION
- BACKUP
- BINARY
- BLUETOOTH
- BOOT
- BYTE
- CHAT
- CLICK
- COOKIE
- CURSOR
- DATA
- DEFRAGMENT
- DIRECTORY
- DISK DRIVE
- DOS
- DRAG
- EMAIL
- ENCRYPTION
- FILE
- FIREWALL
- FOLDER
- GIF
- GOOGLE
- HTML
- ICON
- INTERNET
- JAVASCRIPT
- KERNAL
- LCD
- LOGIN
- MEMORY
- MONITOR
- MOUSE
- NANOSECOND
- NETWORK
- PARTITION
- PASTE
- PDF
- PIXEL
- POWER SUPPLY
- PROGRAMMER
- ROUTER
- SAVE AS
- SCANNER
- SECURITY
- SHAREWARE
- SOFTWARE
- SPAM
- TASKBAR
- THUMBNAIL
- UNIX
- WALLPAPER
- WIRELESS

Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.



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Tuesday, January 23, 2024, 7:00 PM

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The Pickleball Club of Wynmoor held a tournament with the First Responders of Coconut Creek. It turned out to be a great day from the perfect weather to great matches. This was the largest tournament that we have ever held with a total of a sixty-four participants and with a plethora of volunteers to help everything run smoothly. It was a very successful fund raising event that was well attended not only by the players but by family and friends. Everyone had a terrific time from the children getting to check out the firetruck and equipment, but also with delicious food and beverages from The BBQ Boutique. We were very honored to be able to present them with a donation for the men and women who are always here to help us.



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Fun With Friends 2

By Benjamin Zoe

The next Fun With Friends 2 dance will be on Sunday, January 21st. The event will feature the Reaxtion Band.

THE REAXTION BAND

South Florida's Reaxtion Band will light up the Ballroom dance floor with their unique blend of Classic Rock, Pop, Latin and more. The event promises to be a high-energy affair that will leave you grooving and moving all night long.



The Reaxtion Band has been a staple of the South Florida music scene for years and has played at numerous, renowned venues, including casinos, hotels, and music festivals throughout the region. With a repertoire that spans decades and genres, the band has earned a reputation for playing the music that keeps audiences dancing all night.

Don't miss your chance to experience the Reaxtion Band – GET YOUR TICKETS TODAY!

Memberships for the June 2023 to May 2024 season are still available at a cost of \$15. While members have priority for ticket sales on a first-come first-served basis, membership does not guarantee dance admission due to the Ballroom's legal occupancy limits.

The cost to attend our events is \$10 in advance for members and, if space is available, \$20 for non-members. Tickets sales for members to the January dance began on December 27th. A **VERY LIMITED** number of \$20 non-member tickets **MAY BE** available on a first come, first served basis beginning on January 14th. **NO TICKETS WILL BE SOLD AFTER JANUARY 17th.**

Event registration forms were emailed to members on December 27th. Non-members can request registration forms and for all further information send email to: **OUR NEW EMAIL ADDRESS, FWF.2nd@gmail.com**



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Season Lineup



The U.S. Stones

Saturday, January 6 • 8:00 pm

The U.S. Stones are the only Rolling Stones Tribute Band to have a young, in his prime, Mick Jagger clone. The signature voice and moves are configured like a real Rolling Stones touring show! This is like seeing the Stones in the mid-70s-80s at the height of their career!

\$24



Rita Rudner

Wednesday, January 17 • 8:00 pm

Rudner is known for her epigrammatic one-liners. Beginning her career as a Broadway dancer, Rudner noticed the lack of female comedians in New York City and turned to stand-up comedy, where she flourished for over three decades.

\$28



Bronx Wanderers

Wednesday, January 24 • 8:00 pm

Buckle your seat belts for The Bronx Wanderers! Experience great music of the 50s, 60s, and 70s Rock N' Roll including Dion, Tony Orlando, The Jersey Boys, and Billy Joel just to name a few. Together, the kids and Vin Sr. breathe new life into timeless classics.

\$28



Louis Prima Jr. & The Witnesses

Saturday, February 3 • 8:00 pm

To get an understanding of Louis Prima Jr., one needs to know a bit about his lineage. His father was swing/jazz great Louis Prima, and his mother was Louis' female vocalist, Gia Maione, who taught young Louis how to play drums at an early age.

\$24



Lionel Richie Latin Tribute Band

Saturday, February 10 • 8:00 pm

A Latin Tribute to Lionel Richie is a musical concept that reintroduces the music of Lionel Richie with a Latin tinge. They will take you on a musical journey through some of Lionel Richie's greatest hits. You'll be on your feet, dancing all night long.

\$18



Luther Vandross Tribute

Saturday, February 24 • 8:00 pm

Ladies & Gentlemen, performing a Tribute to Luther Vandross, please welcome Danny Clay. "Close your eyes and listen to him - you'll think it's Luther Vandross, FOR REAL!" - Steve Harvey Experience the spirit of Luther Vandross through the incomparable vocals of Danny Clay.

\$18



Frank Marino's Las Vegas Divas

Saturday, January 13 • 8:00 pm

Divas starring Frank Marino might be the best 90 minutes of your life! Okay, that might be a bit of an exaggeration, but only by a little. Frank Marino, as comic icon Joan Rivers, has the jokes that will make you laugh for days and an all-star cast of female impersonators that will make you do a double-take.

\$24



Yacht Rock

Saturday, January 20 • 8:00 pm

YACHT ROCK is a 7-piece band that re-creates timeless classics by bands like Hall & Oates, Billy Joel, Fleetwood Mac, Chicago, Paul Simon, Seals & Croff, America, and Little River Band. They faithfully pay tribute to the best soft rock bands and songs of the late 70s & early 80s.

\$20



The Roslyn Brown Experience

Saturday, January 27 • 8:00 pm

The Roz Brown Experience is an all-star 10-piece band made up of NYC's A-list musicians. Singer Roz Brown will have you dancing in the aisles as she takes you through the unforgettable eras of the 60s, 70s, and 80s while celebrating the Motown Sound and the Disco Nightlife.

\$24



George Wallace & Marieann Meringolo

Wednesday, February 7 • 8:00 pm

Wallace: Stand-up comedian and writer who is recognized for having been a regular at the world-famous Comedy Store in Los Angeles, CA. Meringolo: Marieann Meringolo, a singer who bears some resemblance to Barbra Streisand delivers songs about love lost and strength found.

\$22



Modern Gentlemen

Saturday, February 17 • 7:00 pm

"The Voices behind Frankie Valli over the past decade!" This dynamic quartet is different from any other vocal group of their generation, originally brought together as the Four Seasons by the legendary Frankie Valli. Together they've fine-tuned their "signature sound" and four party harmony without limits!

\$24



Jayne Curry & Band

Wednesday, February 28 • 8:00 pm

Jayne Curry is the most amazing voice to take you on a journey of delight. She pays tribute to icons such as Tina Turner, Whitney Houston, Barbra Streisand, Abba and many more. Enjoy as she sings songs from Broadway musicals, pop, rock & soul. Jayne works the whole audience.

\$20

THEATRE ETIQUETTE

We have done our best to provide you with the most entertaining and enjoyable experience here in the Wynmoor Theatre. On behalf of everyone who attends a performance, we ask that you remember Theatre rules of etiquette. Listed below are some tips for how you can be a good audience member.

- Arriving late is a Theatre 'no no' - late entry disturbs everyone, including the performer.
- Turn off all cell phones and electronic devices before entering the Theatre.
- Do not talk during the performance or movie.
- No food or drinks are allowed in the Theatre, but bottled water is OK.
- Some people are allergic to perfume & cologne; if you use these items, go lightly.
- Children younger than 15 years old are not allowed in the Theatre.
- No smoking allowed, including E-cigarettes.
- Shorts are not permitted for any Live Shows in the Theatre after 6pm. (Shorts are permitted for movies.)
- A quick departure is noticed by everyone, especially the performers on stage. Please wait until the house lights go on.

WYNMOOR THEATRE EVENTS

You can purchase Theatre tickets in advance through the online purchasing portal at www.boxoffice.wynmoor.com

THEATRE POLICY

As instructed by Coconut Creek's Fire Marshall, walkers must be placed in the rear of the Theatre during all shows and movies. Please have your walkers properly identified with your name.

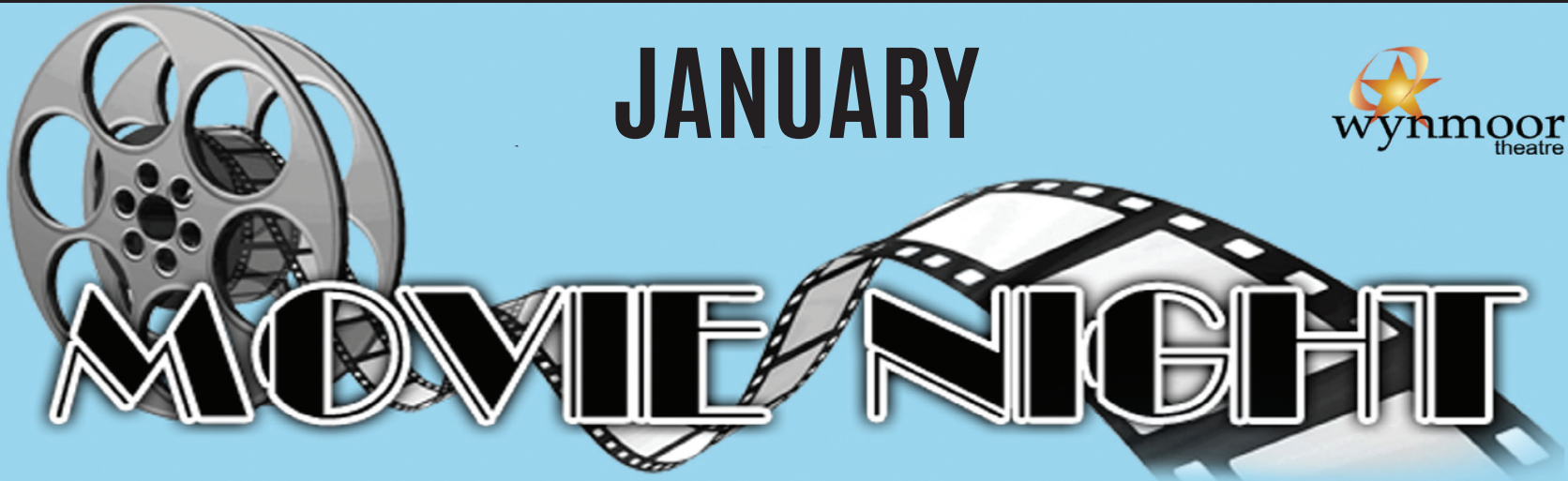
*All shows are subject to change, modification or substitution. *No refunds or exchanges.*

Scan code with your smartphone to order tickets! or visit <http://boxoffice.wynmoor.com>

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JANUARY

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MOVIE NIGHT



The Royal Hotel

1 hour, 31 minutes

Tuesday, Jan. 2nd at 2 PM* & 7:30 PM
Sunday, Jan. 7th at 7:30 PM*

* (Open Caption)

Starring Julia Garner, Jessica Henwick & Hebert Nordrum. US backpackers Hanna and Liv take a job in a remote Australian pub for some extra cash and are confronted with a bunch of unruly locals and a situation that grows rapidly out of their control.

Rated R language throughout and sexual content/nudity. Thriller.



Mafia Mamma

1 hour, 41 minutes

Tuesday, January 9th at 2 PM* & 7:30 PM
Sunday, January 14th at 7:30 PM*

* (Open Caption)

Starring Toni Collette Monica Bellucci & Sophia Nomvete. A mild-mannered suburban mum unexpectedly inherits her late grandfather's mafia empire in Italy. Guided by the firm's trusted consigliere, she hilariously defies everyone's expectations as she finds herself stuck in the middle of a deadly mob war. **Rated R for bloody violence, sexual content and language. Comedy, Action, Crime.**



Nyad

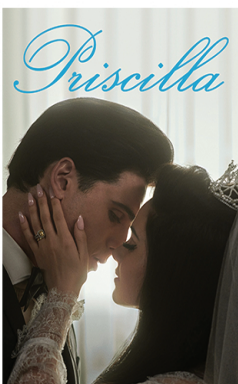
2 hours, 1 minute

Tuesday, January 16th at 2 PM* & 7:30 PM
Sunday, January 21st 7:30 PM*

* (Open Caption)

Starring Annette Bening, Jodie Foster & Anne Marie Kempf. The remarkable true story of athlete Diana Nyad who, at the age of 60 and with the help of her best friend and coach, commits to achieving her life-long dream: a 110-mile open ocean swim from Cuba to Florida.

Rated PG-13 for thematic material involving sexual abuse, some strong language and brief partial nudity. Biography, Drama, Sport.



Priscilla

1 hour, 53 minutes

Tuesday, January 23rd at 2 PM* & 7:30 PM
Sunday, January 28th 7:30 PM*

* (Open Caption)

Starring Cailee Spaeny, Jacob Elordi & Ari Cohen. When teenage Priscilla Beaulieu meets Elvis Presley, the man who is already a meteoric rock-and-roll superstar becomes someone entirely unexpected in private moments: a thrilling crush, an ally in loneliness, a vulnerable best friend. **Rated R for drug use and some language. Drama, Biography, Music.**



What Happens Later

1 hour, 43 minutes

Tuesday, January 30th at 2 PM* & 7:30 PM
Sunday, February 4th at 7:30 PM*

* (Open Caption)

Starring Meg Ryan, David Duchovny, & Hal Liggett. Willa and Bill are ex-lovers that will see each other for the first time in years when they both find themselves snowed in, in-transit, at an airport overnight.

Rated R for language, some sexual references and brief drug use. Comedy, Romance.

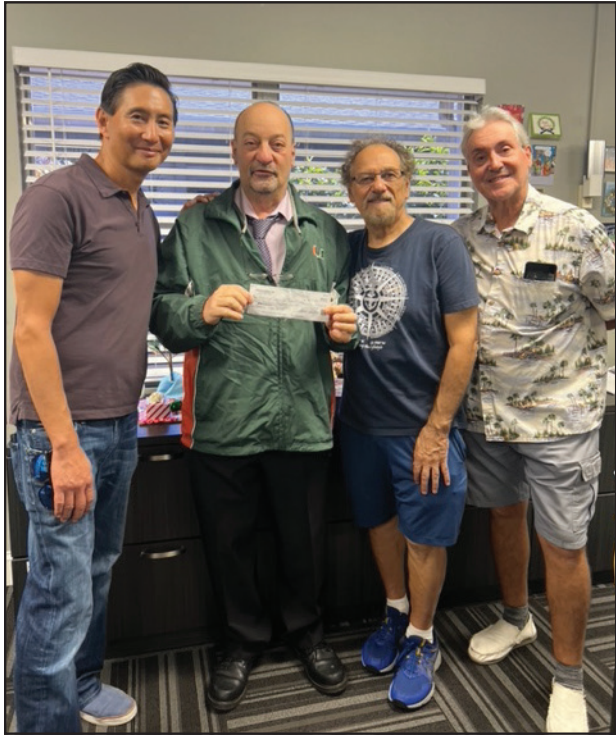
**** MASKS ARE OPTIONAL ****

Movies start on time. No reserved seating for movies. Movie tickets are \$2.00 (check/cash); exact amount is REQUIRED! NO CHANGE WILL BE PROVIDED. IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable. Children younger than 15 are not permitted Theatre. No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution. There are no refunds or exchanges. Some people are allergic to perfume and cologne. If you must use these items, please go lightly.

Fun With Friends 2

By Benjamin Zoe

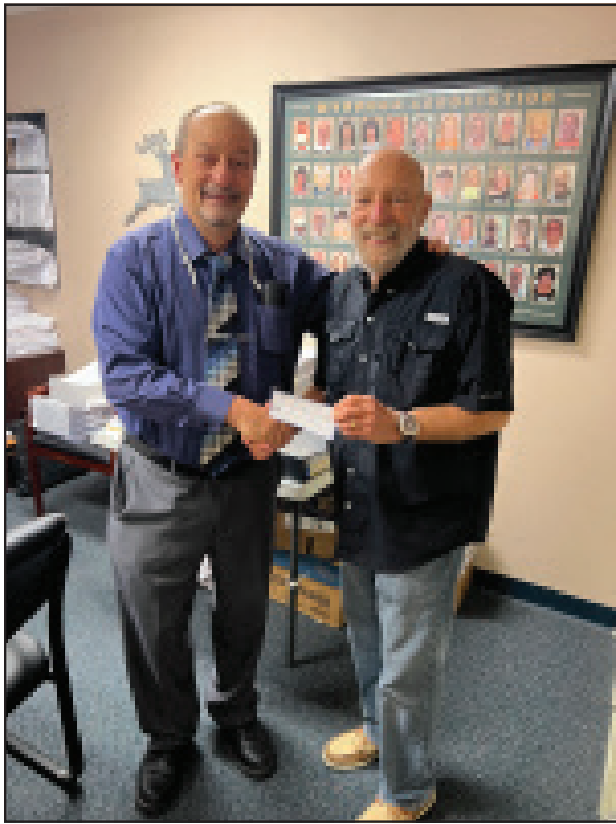
Fun With Friends 2 Board donating a check to Mary's Food Pantry.



Putting Donations To Good Use!

By Mayda Coombs

The President of the Pickleball Club of Wynmoor, Chuck Milstein, was very happy to be able to hand Fred Michael a check for Mary's Food Pantry. The Harvest Church helps out the community and we know that they will put this to good use.



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Israel Network

By Linda Storfer

If you have children, grandchildren or other relatives who live in Israel, we invite to our new group known as the ISRAEL NETWORK. We are a support group that meets once a month to share common concerns, issues and discuss matters about everyday living in Israel. Our next meeting will be held on Tuesday, January 23rd at 11:30 a.m. at the far end of the Cove in Wynmoor, with a guest speaker to be announced. If you would like to join us please call 412-818-6883.



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Does My Homestead Exemption Automatically Renew?

After your initial application for Homestead Exemption has been approved, it automatically renews each year unless there is a change of ownership or eligible use of your homesteaded property. Each January, our office mails a Homestead Renewal Notice and "Change Card" to all Homesteaded properties. Florida law requires the property owner to notify the Property Appraiser of any change which may affect homestead eligibility. This Change Order Card provides an efficient way to communicate these important changes to our office.

If there are NO changes to the use and/or ownership of your property, simply keep the card as your receipt verifying that your Homestead Exemption has automatically renewed for another year. However, if there are changes, please mark the Change Card accordingly and return it to our office.

If your name is not printed above the mailing address section on this card, it means you are not protected by Homestead Exemption at this property. You may be on title to the property, but you are not receiving Homestead Exemption. If you are eligible for Homestead Exemption on this property, you must complete your own Homestead Exemption application. You can apply online at <https://web.bcpa.net/bcpaclient/#/HomesteadExemption>

If you are a co-owner, surviving spouse, trust beneficiary or otherwise believe you are eligible for this exemption, you must file your own Homestead Exemption application to receive the benefit. If you have any questions relating to the death of the owner, the Change Card or need assistance in filing for Homestead or other tax-saving exemptions, please visit our website at web.bcpa.net or contact our Customer Service Department at 954-357-6830.

Where Did My Portability Savings Go?

A portability deduction is only posted to your property record page in the first year you receive your new Homestead Exemption. The portability savings from the first year form the basis of your new Save Our Homes value on a going forward basis and -- in subsequent years -- will rise or fall based upon market just value changes and the 3% cap, as your new Save Our Homes value has incorporated your portability savings. When our website is updated to display subsequent year property values, your portability deduction is no longer shown independently because it is already factored into your new Assessed/Save Our Homes value.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at martykiar@bcpa.net.

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Marty Kiar, JD, CFA

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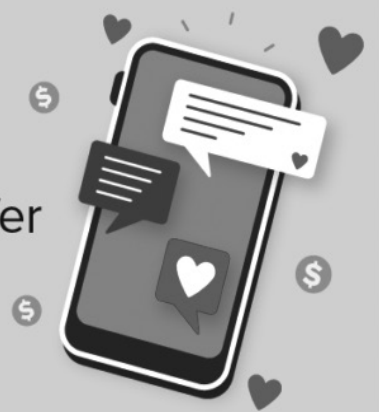
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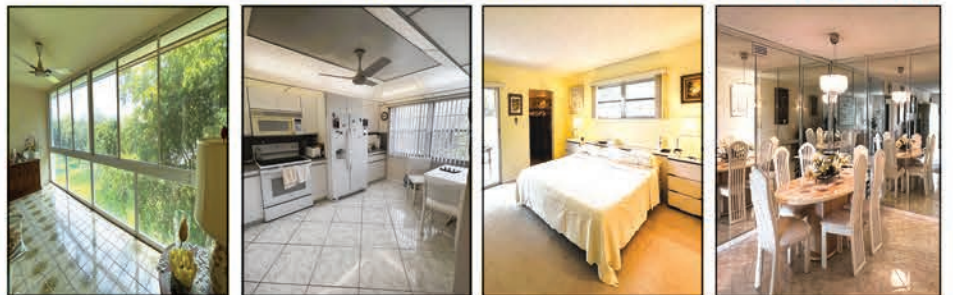
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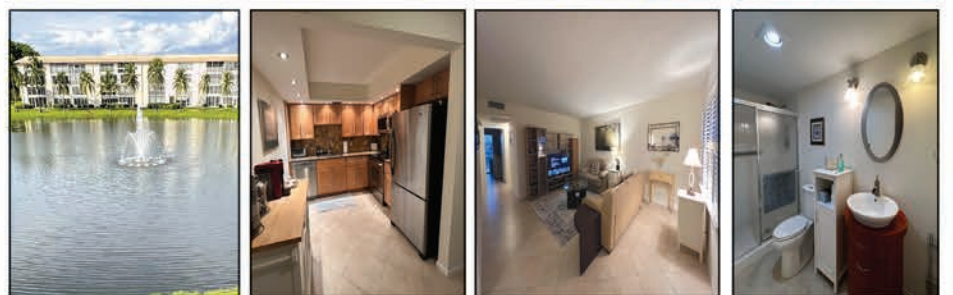
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Temple Beth Am, Welcome Home To Your New Spiritual Home

By Linda Storfer

Happy New Year to everyone!!! The past year was a very difficult year not only worldwide with major wars in the Ukraine and

Israel but right at home here in the United States with the unprecedented rise in anti-Semitism which should be correctly called Jew hatred. We are living in very difficult times and people are scared and confused about the future not only on a global level but also personally as well. January is the month where we take stock of ourselves and make New Year's resolutions such as going more frequently to the gym, quitting smoking, dieting and a whole array of self-improvement goals. Unfortunately, many of these resolutions end by the first week in February. It is my hope that this New Year will see the end to the ongoing wars, a decline in Jew hatred and racism in all forms and manifestations, a decline in human trafficking, child abuse, sex abuse and substance abuse. Here at Wynmoor where our population is 55+ we live in a bubble in a country club atmosphere which enables us to take classes for self-improvement and nurture our creative side with painting, crafts, jewelry design and pottery classes, be entertained with great musical and comedy shows, and workout in a state of the art of the gym.

At Temple Beth Am, we pride ourselves on presenting something for everyone. Have you always wanted to volunteer or take classes for your learning enjoyment but never had the time because you were working or taking care of elderly parents or other sick relatives? What better way to begin the New Year by signing up to deliver food to the needy or provide a service in another to people less fortunate than yourself. Our very active Social Action program has a wide variety to suit your interests. If studying and learning is your thing, our Adult Learning opportunities value intellectual inquiry and expression in both secular and religious aspects of our tradition. We study the social and spiritual dimensions of Jewish history and culture, the religious and political significance of Conservative Judaism, Israel, and the Jewish people. Get to know your fellow congregants in an enjoyable class, workshop, or movie. Our Men's Club will be participating in the Worldwide Wrap at which

time thousands of men all over the world will put on tefillin simultaneously. Sisterhood's wonderful Book Club will be discussing *The Heaven and Earth Grocery Store* by James McBride. Please go to our website www.beth-am.org for further details on these outstanding events.

A very special day and evening will take place on Saturday, January 20th beginning in the morning with Sisterhood Shabbat which be led by all women including each prayer and speech from the bima (stand on the stage). The evening will culminate with NATURALLY DIAMOND, the ultimate tribute to Neil Diamond at 7:30 p.m. This concert will be sold out so it is advisable to purchase your tickets early and not be left out. Most of the events listed here are open to the general community and many are free or have a nominal charge. Temple Beth Am holds daily services in person or virtually and is open Mondays through Saturdays. If you would like more information about our synagogue and its programs, please call the office at 954-968-4545 or drop in and visit us any weekday. You can also check out our website online www.beth-am.org for other upcoming events on our calendar coming in the spring.

On behalf of the Rabbi and the Board of Directors we would like to wish everyone a Happy New Year filled with health, peace and prosperity and pray that the wars in Israel and the Ukraine will end shortly.



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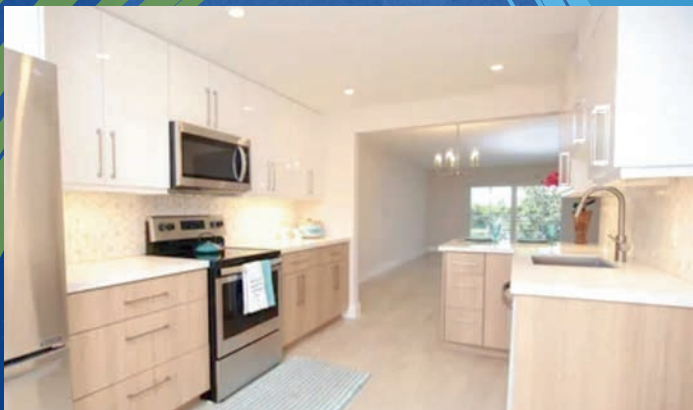
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FINAL CALL For Learn Bridge In One Day

By Lynne List

This is your last chance to register for the Learn Bridge in One Day Class being offered by the Wynmoor Bridge Club. The FREE course is being given on Thursday, January 11th, from 9:00 a.m. to 4:00 p.m. in the East Wing. It is guaranteed that you will be playing Bridge by the end of the session. You do not need a partner to attend.

Bridge is a wonderful game, unlike any other. It keeps your brain sharp, it provides sociability and it is challenging. Bridge has a language of its own and when you and your partner learn to communicate with each other in the language of bridge the satisfaction is more rewarding than you can imagine. You can play Duplicate Bridge in a Bridge Club, where the same hands are being played by everyone in the room and all over the U.S. at the same time. These games are run by a Certified Bridge Director. Or you can play social Bridge where you and 3 others can enjoy the play in an informal setting.

In order to join the class, you MUST REGISTER. Call Lynne at 954-973-1223. If you leave a message please speak slowly and clearly and repeat your phone number twice. If you do not receive a call back your message wasn't received or was not clear, so call again.

When you come to the class remember to bring your lunch and a beverage. It's January 11th from 9:00 a.m. to 4:00 p.m. in the East Wing and it is a free class. I look forward to seeing you there.

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Monday Night Dance Events

We had a beginning of the season New Year's Party, with the Street Talk Band. Champagne, cheese and crackers, and petit fours were served. An amazing evening was had by all. Photos by Tamara Tresniowski and Ken Wan



Street Talk Orchestra



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WOODSHOP

By Ernie Fleury

The Woodshop would like to thank the Wynmoor residents who have donated not only usable wood, but also the tools and miscellaneous items that can be used by the shop. Both of the shop's display windows are now showing off holiday items made by some members for their families. We are located across from the doctor's office at the east end of the Clubhouse.

The Shop is averaging 3 wood furniture repairs a week, table legs, chair seats, cane shortening, picture frames and more. "If it's wood we could." If a resident can bring the item to us, we can usually repair it, unfortunately we have no one to go to the resident's home. The shop phone number is 954-969-7645, 9:00 a.m. - 4:00 p.m. 7 days a week.

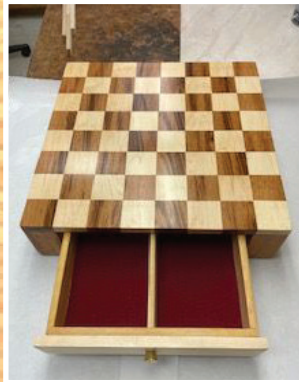
The following photos present examples of what some of our highly skilled members are capable of. Ernie and Yank created the an official size chess board (16"x16") with a built-in segmented felt-lined drawer providing access for both players. The woods used are African Tiger Wood and North American hard rock maple, total size 8"x18"x18." Second is a 6-bottle wine tote made from imported Italian and French wood shipping boxes complete with a matching wood top.

Steve Gleimer, the Shop's Treasurer and Dave Norcross have been employing an ancient type of wood inlay called "Intarsia" (Latin for insert), where each wood piece of wood is fashioned to the exact size of an established pattern. The following 2 photos display a unique expression of skill and patience. Look real close to see 2 pieces of perfection!

Howard Lepolstat shows what can be done with genuine African Mahogany (that he and I salvaged from wood sculptures that were once displayed in local museums) with African Limba for the background of the cabinet. Howard made this unique curio cabinet to display the various treasures that he has created here in the shop over his many years as a member here. It also has a locked glass door.

Visitors must come see Karl Georgi's Christmas tree ornaments hanging in the right display case. Each of the 20 ornaments were made from hard wood off cuts from his projects throughout the years. A MUST SEE to complete your holiday.

Last of all we have Patrick Lewis Moors' Dybbuk Box! This paranormal hoax box is where the malicious spirit Dybuk resides and haunts. The "box" also contains all the evil tools needed to wreak havoc, bad luck, and other strange evil phenomena. The box is an excellent piece of Pattie's many talents, but he advised not to open it!



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Lee Temares & Iris Arlan

Well, we did it! Our Give Back Shabbat, at the end of Giving Week, netted us enough to fund many of our favorite charities. Thank you, Wynmoorites who donated merchandise, gave money, and shopped. We will let you know when we start collecting merchandise again. Of course, if the need is immediate, we will accept items now. Just call Lee at 954-968-4236. And monetary donations are always accepted. Don't forget Norma's Bake Shop. Get your baking skills ready for next year. We'd love to have an abundance of goodies.

Thanks to the hard work of Lee & Mike Temares, Artie & Janet Maur and all our able-bodied volunteers who we appreciate. Now its on to the next project. Keep on reading for some great surprises.

We start our new fiscal year soon, and memberships will be renewed. Now is the perfect time to join. Our low \$200 Membership includes your High Holiday Ticket. You are most welcome to worship with us on January 12th and 26th, 7:30 p.m., at the Centura Parc Clubhouse. Lyons to Copans, Right at 36th Avenue, second traffic light, into Centura Parc. Always a great Oneg, too. Info-call Iris at 954-532-5268.

February seems far away, but mark your calendars for our Valentine's Day, February 14th, Juke Box Bingo Bash. It starts at 7:00 p.m. at the Centura Parc Clubhouse. Admission is \$18. Call Ilene at 954-972-1978 to make your reservation.

Have you attended a sporting event, the Coconut Creek Multicultural Club Holiday Party, a Wynmoor Dance, or any of a host of other events where the song "Hava Nagila" (Let us Rejoice) was played? Have you heard it at a restaurant? What's going on?

As Alison Krueger wrote in the New York Times, this song was traditionally played at Jewish life events, including weddings, and bar and bat mitzvahs. How come we hear it now at almost every event where dance music is played? Yes, it does get people out of their seats and on the dance floor, but so do lots of other songs.

James Loeffler, who teaches Jewish history at the University of Virginia, has studied the song. He isn't surprised that "Hava Nagila" gets so much airtime today. "It is song that is about transformation and reinvention, so that it is destined to keep happening."

It is one of the first modern Jewish folk songs in the Hebrew language. The melody is based on a Hasidic niggun (melodious chant). It was composed in 1918 to celebrate the Balfour Declaration and the British victory over the Ottomans in 1917. It was first performed in a mixed choir concert in Jerusalem.

Abraham Idelsohn (1882-1938), a professor at Hebrew University was cataloging all known Jewish music and teaching classes in musical composition. One of his students, Moische Nathanson, presented the rest of the class with a slow 19th century melodious chant (niggun) and added rhythm and words to make a modern Hebrew song.

Harry Belafonte recorded the song for his album "Belafonte at Carnegie Hall" in 1959. He said it was one of the two standout songs of his career. He claimed that most Jews in America learned the song from him.

If you ever go to a game of the Dutch Association Football Club AFC Ajax, you might hear Nava Nagila. The English club, Tottenham Hotspur, has used Hava Nagila as an anthem. The song is heard from Catholic High School gyms to Jewish Day Schools.

It has become a symbol of inclusivity and diversity. People from all levels of society can get together and celebrate a common interest. Despite our differences, we all share a common humanity and hope and joy.

Happy New Year! We hope that all of us may experience hope and peace in the year 2024. Remember-kindness and respect are contagious.

Let us rejoice
Let us rejoice
Let us rejoice and be happy
Let us sing
Let us sing.
Let us sing and be happy
Awake, awake my brothers!
Awake my brothers with a happy heart.



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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Crime Prevention New Year's Resolutions to Start 2024

Overall crime slightly increased in 2023, up by about 3-percent compared to 2022. Shoplifting and simple assaults were the primary crimes that drove that increase, while property crimes, such as theft from vehicle cases, continued a

downward trend. Coconut Creek is still among the safest cities in which to live in all of Broward County and South Florida. It's something we attribute to you and your attention to detail, such as locking your cars at night and reporting any suspicious activity you see in your neighborhoods.

The beginning of the year is always a great time to start a more healthy diet, maybe begin an exercise routine, or take up a new hobby. What I'm going to encourage you to do is to set some "crime prevention resolutions" for the next year. What might "crime prevention resolutions" look like you say? I'm glad you asked! Here are a few examples:

- You can make a resolution to always lock your car doors, and put anything valuable out of sight, whenever and wherever you leave your car. Theft from vehicle cases, or vehicle burglaries, are one of the most common types of crime here in Coconut Creek. These are crimes we call "crimes of opportunity," meaning that if a potential thief sees that your car is unlocked, or the door opens when they try the door handle, then they will take advantage of that opportunity to go into your car and steal anything inside.

- You can make it a goal to become very skeptical any time and every time someone contacts you out of the blue claiming they have exactly what

you need to fix your computer. This is one scam that we're still seeing a little too often in Wynmoor and the Township. You have to train yourself to become very wary when this happens. How did they know there was something wrong with your computer? Why are they asking you to pay with gift cards instead of by any other means? If they actually work for the company they claim to work for, why don't they know some of these simple things they're asking you? Wouldn't they already have some of that information in their system? The more skeptical you become, the less likely you'll be the victim of a scam.

- You can strive to check your bank and credit card statements more often. Banks and credit cards are set up on-line nowadays so you can look at them daily using your computer or smart phone. I personally am in the habit of perusing my bank and credit card statements every Monday morning, so I can see what happened over the weekend. I take a look again every Friday morning, that way I can look for any fraudulent activity during the week. A lot of people make the mistake of assuming that, once the bad guys get ahold of your credit card information, they'll drain you dry all at once. Folks tend to notice when all of their money is missing. They see the big charges for the big items they didn't buy. But \$10 here, or \$30 there, if they don't get into the habit of checking, they might not notice those smaller amounts. That is why it's so important to always keep an eye on your finances.

Here's to a great 2024! Check back here for more on crime prevention and scam detection as we move into this wonderful New Year!

It's Tea Time

**Join us at the Country Club Library
for Tea and Cookies
Every Wednesday 3:00 - 4:00 PM**

Have Items You Want To Discuss In Person?

**You will have the opportunity
to meet Administrator,
Bruce Bandler,
Council Officers, including
President, Jackie Railey
and Wynmoor Department
Personnel.**



MONDAY, JANUARY 8TH

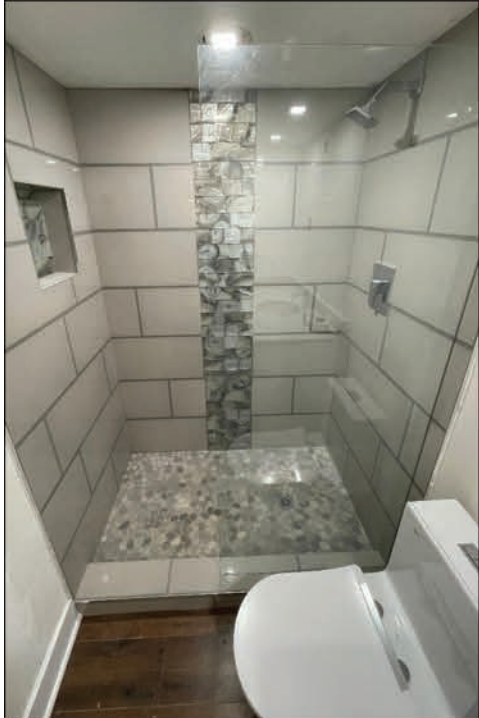
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2024**

6:30 PM - 9:30 PM

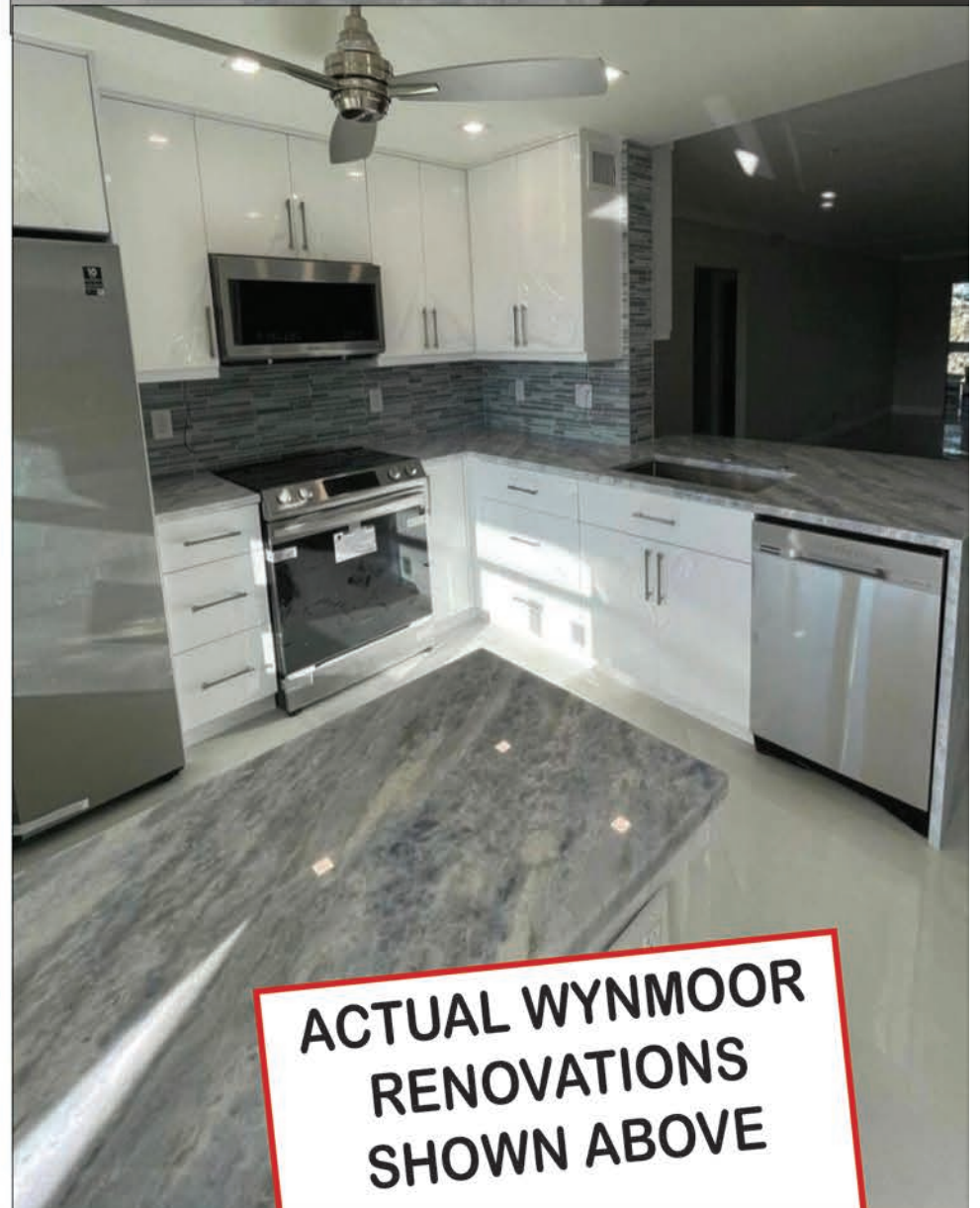
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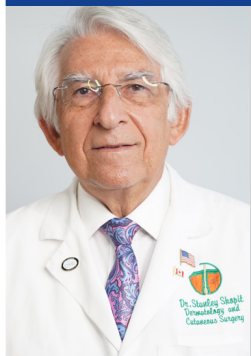
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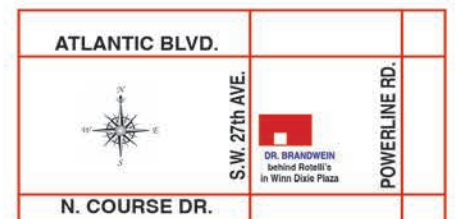
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Consider Family Meeting To Discuss Estate Plans

At some point, you'll want to share your estate plans with your loved ones — and the first step in this process may be to hold a family meeting.

The best time to hold this meeting is when you're still in good mental and physical shape, and the enactment of your estate plans may well be years away. But what topics should you cover?

Consider these main areas:

- **Your wishes — and those of your family.** Use this meeting to introduce your estate plans and, in a basic sense, what you hope to accomplish with them — leave money to your family, support charitable groups and so on. You'll want to emphasize that you want to be equitable in what you leave behind, but there may be issues that affect this decision, such as disparities in income between grown children or an allowance for a special-needs child. But you'll also want to listen to what your family members want — and you might be surprised at what they tell you. Consider this: More than 80% of the millennial generation would rather know their parents are financially secure throughout their retirement, even if this means that their parents will pass on less money to them, according to an Edward Jones/Age Wave study.

- **Estate planning documents** — At the time of your family meeting, you may or may not have already created your estate planning documents, but in either case, this would be a good time to discuss them. These documents may include a will, a living trust, financial power of attorney, health care power of attorney and possibly other arrangements. At a minimum, you'd like to give a general overview of what these documents mean, but at an initial family meeting, you don't necessarily have to get too detailed. For example, you might not want to talk about specific inheritances. This is also an opportunity to inform your loved ones of the professionals involved in your estate plans,

such as your attorney and your tax advisor.

- **Roles of everyone involved** — Not only does a comprehensive estate plan involve moving parts, such as the necessary documents, but it also includes actual human beings who may need to take on different roles. You will need an executor for your will and, if you have a living trust, you'll need a trustee. Even if you choose to serve as the initial trustee, you'll still need to identify one or more successor trustees to take your place if you become incapacitated, or upon your death. Plus, you'll need to name people to act as your power of attorney for health care and finances. Choosing the right people for these roles involves thought and sensitivity. Obviously, you want individuals who are competent and reliable, but you also need to be aware that some family members could feel slighted if others are assigned roles they feel they could do. By being aware of these possible conflicts, you can be better prepared to address them.

Here's one more suggestion: Let your family know that this initial meeting doesn't mean the end of communications about your estate plans. Encourage your loved ones to contact you with questions whenever they want. You may need to hold additional family meetings in the future, but by laying the initial groundwork, you will have taken a big first step in establishing the legacy you'd like to leave.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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The Cove

The Cove is located on the Country Club Patio on Thursdays from 5:00 PM - 8:00 PM.

Food will be available for purchase by Cafe on the Green. between 5:00 PM - 7:00 PM or while supplies last.

Entertainment

January 4th: Edie DiCaro
 January 11th: Shonee
 January 18th: Charlie D.
 January 25th: King Arthur

Menu Options:

- Hot Dog Combo: \$6.00
- Hamburger Combo: \$8.00
- Grilled Chicken Breast Sandwich: \$10.00
- Chicken Skewer on Pita w/Tzatziki: \$10.00
- Spinach Pie w/Greek Salad: \$10.00

All Meals include Coleslaw, Chips and Drink. Sprite, Coke, Diet Coke or Water. *Cash Only*

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 JANUARY 14TH: JOHN BROWN
 JANUARY 21ST: ELI ARROYO
 JANUARY 28TH: MICHAEL RAPPOSLI

1:00 PM - 4:00 PM

WE CANNOT TOLERATE DISORDERLY CONDUCT. PLEASE REFRAIN FROM THE USE OF THREATENING, OBSCENE OR ABUSIVE LANGUAGE. FIGHTING AND/OR PHYSICAL ALTERCATIONS ARE STRICTLY PROHIBITED. VIOLATORS WILL BE SUBJECT TO FINE AND SUSPENSION.

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Chicken Piccata	Tilapia Piccata	Shrimp w/Garlic or Red Sauce
Grilled Chicken	Grilled Tilapia	Clams w/Pasta White or Red Sauce
Chicken Caprese	Tilapia Franchise	
Chicken Franchise	Fish Fillet in Coconut Sauce	-STEAKS-
Roasted Chicken	Fish Fillet in Red Sauce	Skirt Steak
Sautéed Chicken	Grilled Fish Fillet	Oxtail
Chicken Alfredo	Grilled Salmon	Top Loin Steak
Chicken Parmesan	Whole Red Snapper	Stew Beef
Chicken Primavera	Shrimp Primavera	
	Grilled Shrimp	PORK
	Paella	Shredded Roasted Pork
		Fried Pork Chunk
		BBQ Ribs

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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Marcia Maron

Belly dance improves your balance, stamina, and energy level. The class is complementary to Wynmoor residents. The location and time will be published at a later date. Marcia 516-659-3367.

Ben's Friends Art Club

By Rene Monblatt

New members are always welcome. We meet 9:00 a.m. every Saturday morning in the Art Studio. This gives you a year-round opportunity to meet new friends and get inspiration from like-minded creative colleagues. Hope to see you Saturday mornings.

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m.

All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the Library. Boasting 14 tournament grade regulation size pool tables, 4 heated- 3 cushion billiard tables, and one regulation snooker table.

This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

The cost to join the Wynmoor Billiard and Pool Club is \$10 per year.

FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

Bocce Ball Club

By Jim Erickson

New Members both men and women are always welcome. We Meet at 8:00 a.m., Monday through Sunday and Monday, Wednesday, and Saturday at 10:00 a.m. There is a new start up group at 3:00 p.m. on Friday afternoons. Dues are just \$10 per year so come and join the fun. Any questions, contact Jim at 945-400-9302.

We send a special *thank you* to our Wynmoor Facilities Team for a job well done.

Bookies

By Myrna Greenberg

The following are the books to be read at *the Cove* near the BBQ grills to be cautious of our health. Meetings are from 3:00 - 5:00 p.m. the first Tuesday of the month. *Mad Honey* by Jodie Picoult - January 2nd. *Five-Star Weekend* by Elin Hilderbrand - February 6th. *The Summer of Songbirds* by Kristy Woodson Harvey - March 5th. *The Boys from Biloxi* by John Grisham - April 2nd. *Tom Lake* by Ann Patchett - May 7th. *The Return* by Hisham Matar - June 4th.

Join us for an afternoon of sharing our thoughts and a bit of fun and laughter! Contact Myrna Greenberg at 754-231-6368 or Elaine Kerzner at 954-973-4545.

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the Theater building for our ACBL-sponsored duplicate games or our relaxed duplicate bridge games. Both games play on Tuesdays and Fridays at 12:30 p.m. (arrive 12:15). The relaxed games are designed for members who desire a more casual level of competition. They include only 18 hands, a 15-minute break with snacks, coffee and tea included. In addition, starting

January 8th, we offer an evening game on Mondays at 6:45 p.m. (arrive 6:30).

Lenny Fagen offers free lessons that are open to all Wynmoor bridge players, prior to our Tuesday games. The lessons start at 11:45 a.m. The theme is "The Language of Bridge, Informal Lessons on How to Communicate with Your Partner." This is an opportunity to ENHANCE YOUR SKILLS. No registration is needed. Just show up! If you would like to join one of the games that follows the lessons, you can do so for FREE, just for attending your first lesson. More information about these lessons and our bridge club can be obtained at <https://sites.google.com/view/wynmoorbridge>

Questions about our club? Please contact David at 917-940-1552 or dmrice@mindspring.com. You can also email us at wynmoorbridge@yahoo.com.

If you need assistance in finding a partner, you can reach Terry at 216-401-5739 (voice or text) or thamovit@yahoo.com.

Camera Club

By Nancy Landman

Happy New Year to you all! We wish you peace, joy, health, and of course, wonderfully creative photographs in this 2024 season!

Our meetings are on the first and third Tuesday of each month through the beginning of April. This season we have some wonderful presentations planned as well as photography outings that will include instruction and guidance. In addition, we will have members' photographs to view and review.

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs.

Interested? You are invited to come to your first meeting free of charge.

If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Photography Sections of the "News and Views" and "The Insider."

Yearly Membership for Individuals is \$10 and per couple \$15. If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com.

For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

Ceramics Club

By Tamara Tresniowski

HAPPY NEW YEAR! Our studio is a fun and friendly place to discover your creativity. So many projects to do, and gifts to make. If you aren't sure if it is for you come, check us out at the Art Walk Monday January 8th. Come check us out and sign up for lessons. Our new member class is \$40, and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse. We are open 9:00 a.m. - 12:00 p.m. Monday through Thursday and 9:00 to 10:30 a.m. on Friday.

Chess Club

By Hillel Cohen

The Wynmoor Chess Club welcomes back seasonal residents and wishes all a Happy New Year! Perhaps getting back in the game (of chess) was not number 1 on your New Year's Resolution list, but it might be the easiest resolution to keep. We meet every TUESDAY EVENING from 6:30 p.m. to about 9:30 p.m. in Card Room 1 of the Clubhouse. All chess players at any level are welcome and no partner needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed, so come and play. Masks are optional. If you haven't played since high school, don't worry - we hear that a lot. No one's keeping score or rankings and you'll be surprised at how much you remember. Besides, the point is to have a pleasant time while exercising our brains.

Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club Studio is bordered by the golf course on one side and *the Cove* on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

Conservative Club

By Andrea Joy Frankel-Bellitto

Happy New Year! I hope you all had a wonderful Hannukah and/or

Continued on page 59



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TUESDAY 2 Tacos
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THURSDAY Lobster Roll
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Men In Black

By Delio Silva

The (MIB) Men in Black of Wynmoor is a group that was formed over 25 years ago. They held their first monthly seasonal outing on December 13th with an excursion to The Fogelman Sports Museum at FAU, followed by a luncheon at The Cheesecake Factory in Boca Raton.

FAU is the home of one of a kind memorabilia collection that tells the American story through the lens of sports.



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Clubs and Activities

Continued from page 56

Christmas. Let's not forget our troops here and away from home during the holidays. If you would like to support our guys and gals go to www.supportourtroops.org, go to care packages.

It has the contact form. The most needed are \$25 gift cards, or donations are appreciated. It is truly a great idea for those that take care of us every day. Also, please pray for the peace of Jerusalem. Support Friends of The IDF or The Pulse of Israel if you can.

For our January meeting, we are very honored to bring back to our ballroom Cathi Chamberlain.

As Socialism, especially in the Progressive Democrat Party grows daily, it is patriots like Cathi that keeps America going. Saul Alinsky who is the author of Rules for Radicals, the Democrats bible, 13 tactics used to transform America, just like Obama said he would, Cathi wrote a best-selling book to counter that rubbish. Rules For Deplorables. You know, the adorable "deplorables" Hillary labeled us with.

Rules For Deplorables: A Primer for Fighting Radical Socialism, in our country. She is an active speaker and a fighter for the freedoms we so enjoy in this country.

Join us for a lively talk on how Obama/Biden and a leftist Socialist agenda is pushing us closer and closer to full blown Communism. How we need to quickly get back to real conservative values and how to do that.

I would recommend this book for all Americans to read. It will be available at the meeting on Tuesday, January 16th, Wynmoor Clubhouse Ballroom A. Please start coming by 7:00 p.m. to get your goodies and your seat. Refreshments will be served. 50/50 raffle, 2nd drawing for a bottle of wine, and the club will purchase a book from Cathi and raffle it off!

This will be a great meeting. Starting the year off "RIGHT!"

.....

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

David Behr at 954-975-9191, Susan Myers at 954-933-7743.

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Democratic Club

By Steve Vajda

Join us, Tuesday, January 2nd in the Country Club Ballroom promptly at 2:00 p.m. (doors open at 1:15 p.m.) to "Bring in the New Year."

Presentations: US Senate Candidate Debbie Mucarsel-Powell will speak on why she is opposing Senator Rick Scott in 2024. This is an important opportunity for our members, Broward Democrats and Florida Democrats to "Flip Florida Blue" and support her campaign.

Mr. Christopher Horne, Board Member of the Democratic Progressive Caucus of Florida: "Our Caucus Background and Plan for Democratic Victory: Locally, in Florida, and Nationally."

Christina Disbrow, Executive Director, Broward Democratic Party: "Mobilizing Broward Democrats for the 2024 Elections: We Need Every Vote."

Kassandra Gainey, WDC Media Relations Coordinator, will introduce three opportunities for WDC members to actively do our part in BDP "Everyone Votes."

Action Opportunities for WDC Members: At the Meeting, You Can Participate 3 different ways: "Text-Fest": WDC Members bring your laptops: You will be trained to use the Broward Democratic Party's hands-on, "one tap" texting e-blast from your seats. This is part of our participation in the Broward "Get out the Vote Campaign."

"Post Card Campaign": Remember last year's fantastic postcard mailout? This "warmup" will include training and actual mailouts for the "Get Out the Vote Campaign."

"Phone-a-Thon": You will be trained to use your cellular phone (at home or on the go) to contact new voters.

IMPORTANT: Renew your 2024 Membership at the Meeting: Bring Cash or Check.

Also, come early: From 1:15 - 2:00 p.m.: Representatives from the Broward Supervisor of Elections Department will be onsite to assist you in checking your current voter registration and to help you apply for a Mail-in Ballot. Representatives for the Broward County Property Tax Assessors Office will be onsite to assist you with any exemptions seniors are entitled to claim.

For more information contact: SteveVajda@hotmail.com or 305-720-5860.

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Drawing and Painting Club

By Lynn Miller and Beatrice Horowitz

The Club is open Monday and Friday mornings to club members and Wednesday afternoons from 1:00 p.m. If you are interested in joining us, please come to the Art Room situated opposite the Doctor's Room on Wednesdays.

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Fishing Club of Wynmoor

By Paul Villano

Head Boat Morning Trip 7:00 a.m. - Wednesday, January 3rd 8:00 a.m. - 12:00 p.m. Meet under clock at clubhouse to carpool or meet at 2705 N. Riverside Dr., Pompano Beach, FL 33062. Fish City Pride drift boat leaves at 8:00 a.m. sharp. \$60 paid to boat. Fishing pool optional. Recommended tip \$5. Open to all Wynmoor Residents. Weather Permitting.

Lake Okeechobee Tournament - Wednesday, January 10th. Lake Okeechobee Bass Tournament & Lunch - (Limited to boat rental availability club members only. Will be opened to the public if space available.) Estimated cost \$120-\$150.

FCW Meeting - Monday, January 15th 9:00 - 10:00 a.m. Tournament winners and prizes to be announced.

Head Boat Morning Trip 7 a.m. - Wednesday, January 24th 8:00 a.m. - 12:00 p.m. - Meet under clock at club house to car-pool or meet at 2705 N. Riverside Dr., Pompano Beach, FL 33062. Fish City Pride drift boat leaves at 8:00 a.m. sharp. \$60 paid to boat. Fishing pool optional. Recommended tip \$5. Open to all Wynmoor Residents. Weather Permitting.

Membership applications at club house. For more information text Paul at 516-526-5313 or Email fishingclubwynmoor@yahoo.com.

General Meetings are held on the 3rd Monday of every month at 9:00 a.m. in Ballroom C. Come check us out.

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Fun With Friends 2

By Benjamin Zoe & Debbie Chait

The next Fun With Friends 2 dance will be on Sunday, January 21st. The event will feature the Reaxtion Band. South Florida's Reaxtion Band will light up the Ballroom dance floor with their unique blend of Classic Rock, Pop, Latin and more. The event promises to be a high-energy affair that will leave you grooving and moving all night long.

The Reaxtion Band has been a staple of the South Florida music scene for years and has played at numerous, renowned venues, including casinos, hotels, and music festivals throughout the region. With a repertoire that spans decades and genres, the band has earned a reputation for playing the music that keeps audiences dancing all night.

Don't miss your chance to experience the Reaxtion Band - GET YOUR TICKETS TODAY!

Memberships for the June 2023 to May 2024 season are still available at a cost of \$15. While members have priority for ticket sales on a first-come first-served basis, membership does not guarantee dance admission due to the Ballroom's legal occupancy limits.

The cost to attend our events is \$10 in advance for members and, if space is available, \$20 for non-members. Tickets sales for members to the January dance began on December 27th. A VERY LIMITED number of \$20 non-member tickets MAY BE available on a first come, first served basis beginning on January 14th. NO TICKETS WILL BE SOLD AFTER JANUARY 17th.

Event registration forms were emailed to members on December 27th. Non-members can request registration forms and for all further information send email to: OUR_NEW_EMAIL_ADDRESS_FWF2nd@gmail.com

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Hadassah

By Toby Norman

Watch the carousel outside of the business office for our flyer regarding our HMO Brunch. We will hear what research Hadassah Hospital is doing to improve our health and that of the rest of the world.

If you need a tree or certificate to be sent to commemorate any important occasion, please contact Bernice Riback at 954-984-1703, and she will be happy to assist you. As always, Wynmoor Hadassah appreciates your continued support.

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Health and Wellness Club

By Hope S. Myers

The award-winning author, Al Kushner, will hold a book discussion with the Health and Wellness Club in Wynmoor on March 19th from 2:30 to 3:30 p.m. on his recently published book, "Virtual Medicare - 10 Costly Mistakes You Can't Afford to Make." On January 16th we will meet at 2:30 p.m. in the

Continued on page 60

Clubs and Activities

Continued from page 59

West Wing II. Our featured speaker will be Barbara Epes from the Broward County Area Agency on Aging.

Ms. Epes is the Aging Programs & Community Outreach Director. She will tell us about the many free programs available to seniors in our area. Programs such as Meals/Food Assistance; Senior Intervention Program (nursing assistance to seniors with no support when discharged from a hospital or in crisis); Housing; Legal Assistance and many, many more. The Area Agency on Aging is supported through State and Federal funding.

As in the past healthy refreshments will be served. Support our club, become a member for \$10. Guest fee for each meeting is \$5. Club will meet monthly through April. For more information contact Hope Myers, President at 954-971-9538.

Ladies Circle Club

By Diane San Anton

For those of you who were able to attend our ladies' "high tea" last month, we hope you enjoyed the event. Our next meeting will be held on January 25th starting at 11:30 a.m. Jane Charland will be discussing the benefits of chair yoga with a demonstration of some simple techniques.

We are in need of ladies who would like to assist with outside social events and fundraising. Your ideas are always welcome. Programs are subject to change without notice.

Thank you to our hospitality committee, your help is most appreciated. Wishing you all a very healthy, happy, and peaceful New Year.

Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. until 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

Monday Night Dance

By Lynne List

HAPPY NEW YEAR!! There are no dances Jan 1st and Jan 8th (go check out the Art Walk). Even though we only have 3 dances this month they are jam-packed with special treats. January 15th is our Glow Party, and we have a Belly Dance line dance lesson with Susan Baladi. January 22nd is our Winter Blizzard, wear white. The lesson is a Rumba lesson by Patty Medina to "Baby It's Cold Outside." Finally, January 29th is Disco Night so search your closet for your 70's outfit. This night will also be a Pizza Party for all PAID UP MEMBERS so hurry and pay up your dues for 2024. Our dance is every Monday night in the Ballroom, 6:30 to 9:30 p.m. Coffee and snacks included. Dues are \$10 for the year. Entry is \$2 each week. Guests are \$5.

Nature And Arts Club

By Elaine Lurie

Welcome snowbirds! You've escaped the winter chill and now it's time immerse yourself in the vibrant world of nature and arts. Join our club members for a fantastic lineup of activities this season. Our monthly breakfast meetings feature engaging speakers who will share their expertise and passion for nature and the arts. The fun and learning continue in our monthly trips to cultural and outdoor attractions. January 4th is our Membership Appreciation Lunch and Art Show. It's an opportunity to socialize, enjoy a delicious lunch, while surrounded by artwork created by our talented club members. On January 18th, we'll explore the wonders of science and marine life on our bus trip to West Palm Beach's new Cox Science Center and Aquarium. Season membership (\$15 per person) must be paid before you can participate in club activities. Mail checks, payable to the Wynmoor Nature and Arts Club, to: Sheryl Darby, 3302 Aruba Way, Apt. J2. Or deposit checks in the black box in her building's first floor mailroom opposite the elevator. Include your email address to receive our monthly newsletter and reservation information for upcoming breakfast meetings and trips. Contact Sheryl 954-977-4008 with membership questions.

Needlework Click

By Barbara Bilello

Happy New Year to everyone. We want to thank all who have donated yarn and homemade items. We were very busy dropping off all the beautiful donations in time for the holidays. Thank you to everyone it was greatly appreciated.

Our January meetings are 9th and 23rd, 2nd and 4th Tuesdays of the month. We are in the West Wing from 1:00 - 4:00 p.m. We serve coffee, tea, and yummy snacks. Everyone is welcome to join us for fun and making new friends. Hope to see everyone at our meetings. If anyone is new out there, please join us.

If anyone has yarn to donate, please call Barbara at 754-222-6375. Thanks again!

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 - meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

Pickleball Club

By Mayda Coombs

It is another new year, and we have a lot going on this season. We already held our first tournament with Coconut Creek First Responders. I hope everyone came down to cheer the players on and enjoy the food and the demonstrations the First Responders did for us. Our next tournament is being held on January 27th, with a luncheon to follow. If you are interested in becoming a Pickleball Club member, dues are \$10 per person. Existing members can drop off dues in the Pickleball Clubs mailbox under our bulletin boards at the Racquet Center. Please write on the envelope your name and attention membership. Anyone interested in becoming a new member, please contact Chuck Milstein at 954-366-1149. Pickleball lessons are still being held on Mondays. If interested email, pcw.classes@gmail.com. Indicate your skill level on the subject line. You will receive a reply with more information. Information for all our events and functions are emailed, posted on our Facebook page and on the bulletin board in the Pavilion at the Racquet Center.

Pottery Club

By Edwin Meyer

Our New Year kicks off with an Amaco Glaze Masterclass taught by an expert from the company. Amaco is a leading glaze manufacturer, and the company is a major resource in the biz. This is a full day with lunch, and we're asked to bring six pieces to glaze. These Amaco workshops changed how many of us work.

We are also looking forward to numerous classes from making beads to throwing pots. We are having a New Members Class from January through February, a Pottery Review, and of course a New Members Meet and Greet Potluck after the next class. For those interested in joining the Pottery Club please contact Membership: susan.slear@gmail.com.

US Club

By Ceil Eitman, President

A US Club exclusive! "Brooklyn Boys" Tribute One Man Show starring Neil Diamond and Barry Manilow. Paid up membership Gala on Tuesday, January 9th at 7:30 p.m. in the Ballroom. Doors open at 6:45 p.m. Advance paid \$15 dues and \$8 admission by January 4th. Please make checks out to US Club sent to Carol Boshalls, 3301 Aruba Way, K3.

Women's Pool Group "The MsCues"

By Bob Horowitz

Have fun and meet new friends! Players of all skill levels are welcome. We meet every Tuesday from 3:00 to 5:00 p.m. at the A/C indoor Wynmoor



Clubs and Activities

Billiard and Pool Room located in the Wynmoor Country Club, next to the library. Please have your Wynmoor I.D. with you.

MzCues Members are members of the Wynmoor Billiards and Pool Club and can participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at the Cove with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

Any questions about the MzCues contact Carol at cas242@hotmail.com or call 978-979-1681. The cost to join the Wynmoor Billiard and Pool Club is \$10 per year.

Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

Writer's Workshop

By Judy Weissman, PhD

Refresh your resolutions in writing or write about what you want. Get support and feedback at the Writer's Workshop. Call Nancy Heller-Moskowitz, Club President, laughlady55@aol.com.

Wynmoor Ladies Golf Association

By Linda Sue Lewis-Moors

WLGA members enjoyed an exciting Toys for Kids event on December 12th. Activities included a scramble golf tournament and delicious lunch. At the luncheon, members of the Coconut Creek Police Department received the numerous gifts club members donated, which the department members will distribute to local school-age children. The annual event was enhanced by a raffle game. Local merchants donated prizes, and luncheon attendees purchased raffle tickets for chances to win those items they preferred. Proceeds were donated to the Toys for Kids fund.

Members are looking forward to January events, including our monthly WGA Guys and Dolls 9-hole co-ed golf scramble and meal.

Our annual installation luncheon will be at the lovely Deer Creek Country Club dining room on January 17th. This popular event features an exciting fashion show and discounted shopping at Deer Creek's pro shop.

Also coming up is the annual WLGA championship tournament, which begins in early February. Eligibility is based on play during the 2023 golf season.

Annual membership sign-up continues in the clubhouse library every Tuesday and Thursday morning through January 11th, from 7:30-11:00 a.m.

Come join Wynmoor Ladies Golf Association and enjoy our activities and friendships. For more information, please call Karen Beckman at 262-374-2672.

Wynmoor Republicans

By Miriam Mendelson

We realized the Art Walk is the same time as our meeting, so we are canceling our January 8th meeting. See you February 12th. Happy Healthy New Year to All.

Wynmoor Short Film Festival Club

By Enid Wolf-Schein

Ticket sales for the 4th Annual Wynmoor Short Film Festival start Wednesday, January 31st in the Country Club Library from 2:00 to 4:00 p.m.

Come early because the wonder of this event plus only a \$5 charge makes it a quick sell-out. Choose from two screenings: Friday March 22nd at 7:00 p.m. and Saturday, March 23rd at 2:00 p.m.

Both feature 12 fun short films in the Country Club Lecture Hall. Guests then cross the hall to a Reception in the Ballroom with lots of popcorn and wine or other drinks. The reception this year includes a "Kaleidoscope of Stars" — short live musical acts highlight music from some of your favorite movies. Meet casts and filmmakers from some of the movies. Wear Red Carpet ready clothes and bring your camera because this is a REAL Festival.

Two films feature Instructional Line Dances. When you go to the Ballroom the dance-performers themselves will lead you in those same dances, along with other dance music from movies.

Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

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ASK DR. JOY

By Joy Berke-Sanchez Ph.D.



This month's article is based on a couple of different excerpts from previous ones and my 2010 book on narcissism. It's on what I call emotional currency or EC. Everyone has ways in which they want to 'get paid' emotionally or intimately. These are the behaviors, gestures, etc. that lead to a person feeling loved, valued, appreciated and a host of other psychological necessities. Different people use different currencies to give and receive closeness and impart feelings of caring and love.

For example, service. Both men and women use service to show their love. I don't want to be sexist, and these examples are meant to be merely illustrative. A woman may pick up her husband's shirts at the cleaners and he may wash her car. Of course, these behaviors can be reversed (must be very careful these days not to offend anyone). If both people view service in the same way, they both will feel loved and cared for when these things are done for them. However, if one of them just regards doing these things as part of running a household, that person will not feel 'paid' by the gesture. Oftentimes the other will point this out and say he or she was met with a mere 'thanks' because the partner on the receiving end thought it was not particularly special.

Another example is money or gifts. Sometimes one partner believes that buying an extravagant gift is a wonderful way of showing love. If the person on the receiving end thinks the same way, then both partners will feel loved and appreciated and their emotional banks will have a deposit. If, however, you have one person believing that gifts are a show of love and the other thinking that picking up the dry cleaning is, we're going to have two unfulfilled people. The one who didn't receive the gift and the one whose trip to the cleaners was not appreciated. Neither partner here is going to feel emotionally paid.

One very important difference is in what constitutes emotional intimacy. I'll use myself as an example. To me, closeness comes from intimate conversation. These conversations can be intellectual as well as emotionally revealing. They come from sharing ideas, philosophies, theories, experiences, and opinions as well as intimate and personal feelings. This would be true for me in any relationship whether with friends, my daughters, spouse, etc. This was also true when I ran groups and watched people blossom because they were able to share their deepest selves and their ideas and learn to accept the revelations of others. For me, this is what it means to be 'in relationship' with another person and this is what fosters intimacy and caring for another. When I don't have that I can only reach a certain level of relationship which may be fine in casual friendships and acquaintanceships, but those relations cannot and will not deepen. Of course, I also tend to pay in that same currency and although I can and do pay in all forms of emotional currency, they are not primary for me.

Another important currency is time. Some people require spending a great deal of time with the other and some need much less. If you believe that the amount of time spent together should be a primary factor of the relationship, being with someone with many other interests who doesn't have the same time requirements you do will make you both unhappy. You will see time spent doing other things as a rejection of you and the other will find your demands suffocating and neither of you will be filling your emotional bank.

Time spent together is definitely an important factor in relationships. It is difficult to feel loved and cared for when the person you want to be with hasn't the time to spend with you. The important thing to look at here is desire. If the other person has a time-consuming job or other necessary demands but you know you are valued and the desire to spend the time with you is there, it is quite different than being with someone who is fitting you in to a whimsical schedule, seeing you when he/she feels like it or when it is convenient. Trying to receive something from someone who is unable to give it is a major effort in frustration and futility for both people involved.

Another example and method of payment is paying with physical affection and/or compliments. This comes naturally to some people and is very difficult for others both to give and to receive. Again, if the balance of desire and need does not match you will be in for a rough ride.

To be paid in your own currency is to experience yourself as loved, valuable, important, cared for, psychologically visible and a real part of a relationship. To be paid in a way that is less important to you or even in a way you might not even notice leads to feeling invisible as your deepest self and when you feel invisible you cannot feel loved and cared for. Imagine having your emotional currency bank depleted and then imagine it overflowing. Quite a difference.

Due to space constraints, I have shortened this extensively but hopefully you got the idea and can come up with your own currencies and listen to the important people in your life about theirs.



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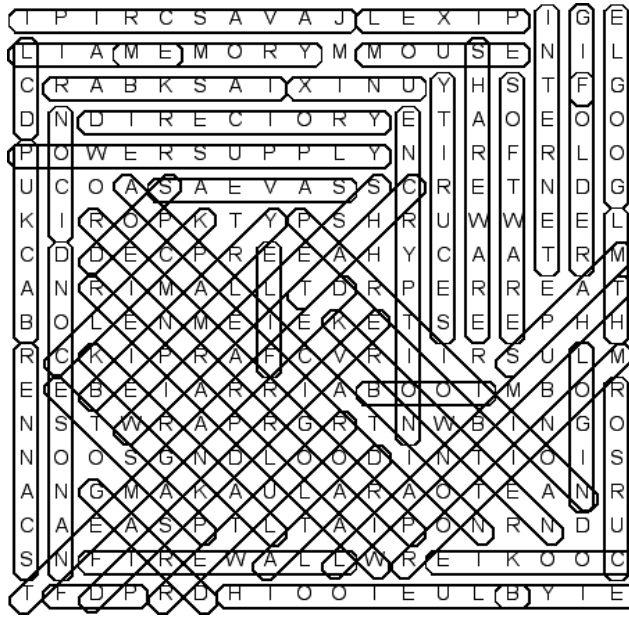
Puzzles and Games

Solutions from page 22

Crossword Puzzle

T	H	I	N	W	O	O	S	C	R	I	M	E
A	E	R	O	O	U	C	H	H	A	D	E	S
P	R	E	S	E	N	T	E	R	E	G	E	S
E	A	S	E	L	W	A	I	T	R	E	S	S
				D	O	M	I	N	E	E	R	S
T	A	L	I	P	O	T	K	A	Y	L	I	T
E	L	E	V	E	N	G	E	M	V	I	C	E
A	I	D	E	S	L	E	D	S	A	S	I	A
S	A	G	S	T	E	E	T	A	L	L	E	R
E	S	E	R	E	F	D	E	N	I	E	R	S
				P	A	R	T	N	E	R	E	D
				T	A	L	I	S	M	A	N	L
S	A	L	A	D	O	D	O	M	E	T	E	R
O	R	A	T	E	S	I	T	E	R	A	S	
B	O	R	E	D	T	R	E	W	S	O	M	E

Computer Jargon



The hidden word is: MOTHERBOARD

Sudoku

8	5	9	7	2	3	1	6	4
3	1	7	5	6	4	2	8	9
6	2	4	1	9	8	3	5	7
4	8	1	6	3	9	5	7	2
2	7	3	4	8	5	6	9	1
9	6	5	2	1	7	8	4	3
1	4	8	9	5	2	7	3	6
7	3	6	8	4	1	9	2	5
5	9	2	3	7	6	4	1	8

Binox

○	○	×	○	×	×	○	×
×	×	○	×	○	○	×	○
×	×	○	×	○	×	○	○
○	○	×	○	×	○	×	×
×	×	○	○	×	×	○	○
○	○	×	×	○	×	○	×
×	○	×	×	○	○	×	○
○	×	○	○	×	○	×	×



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You know you need to hydrate — but it's especially important when you get only six hours of sleep (or less!). You're more likely to be dehydrated the day after a disrupted night of sleep, because a hormone that regulates your body's water conservation is released during later stages of sleep. So down some extra water on those days if you can — and remember that too much water can be tricky for your gut, too.

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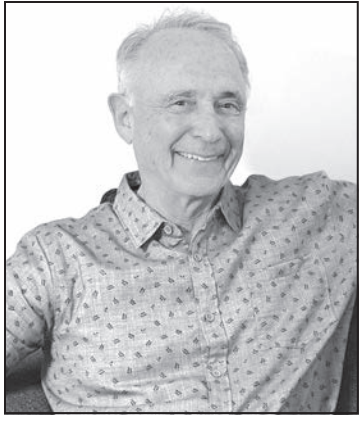
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The Battle of Brooklyn

By Barry Singer



The Battle of Brooklyn, the largest battle of the American Revolutionary War, takes place just 1 ½ months after the signing of the Declaration of Independence. It includes about 37,000 combatants on both sides. The result is a crushing defeat for the Continental Army. They fight at the Gowanus Road and Flatbush, and finally at the Continental stronghold at Fort Greene and the other forts at Brooklyn Heights.

Mark your calendar: February 15th 2:00 to 3:00 p.m. - “The Battle of Brooklyn” - 1 hour illustrated talk by Barry Singer.

Location: Broward County Library - North Regional Branch - Room 154 - Registration opens January 1, 2024.

To register, visit <https://broward.libnet.info/event/8925295>

The main battle on August 27, 1776, takes only nine hours but encompasses about half the area of today’s Brooklyn. An all-night march through the undefended Jamaica Pass enables the British to encircle and defeat the Continental defenders. After the main battle, Washington and the Continental Army are trapped at Brooklyn Heights. The American Revolution could have ended there, but General Howe’s caution and favorable weather allow Washington, under the cover of night, to safely evacuate his 9,500 soldiers.

The story of this fight is the story of inexperience vs experience in battle, mistakes, bad luck, good luck, and eventual salvation. The British generals present have an average military experience of more than thirty years while the Continental generals have an average experience of only two years. Congress wants New York City defended. Washington goes along, and decides to defend three islands (Manhattan, Staten Island and Long Island) against the mightiest naval armada ever assembled in history to that time, without having any warships of his own. This single decision foretells the outcome.

The Continentals fortify Brooklyn Heights, the Battery, Governors Island and Fort Washington (in Manhattan opposite today’s Fort Lee NJ) and wait. The fortifications are new, as New York City had never needed fortifications before. Britain, its long-time defender, had become its enemy.

By July 12th most of the British armada has arrived. The total force will include 400 ships and 32,000 troops. That day the frigates Phoenix and Rose sail up the Hudson River towards the Tappan Zee Bridge. The Continental batteries fire on them with little effect. An ominous breach, it spells trouble ahead. If two ships could so easily slip through the defenses, why not twenty or forty ships, turning lower Manhattan and Brooklyn into a trap.

Washington dismisses his only cavalry, the 500 strong Connecticut Light Horse. Concerned about feeding the horses, and not knowing the terrain in Brooklyn, he does not yet know he will have to defend a ten-mile-long ridge (Heights of Guan).

On August 22nd, the British land 24,000 troops at Graves End Bay, near present day Fort Hamilton, staging a precision joint naval and

army landing. Feinting at Gowanus and Flatbush, General Howe leads the main army on an all-night march through the undefended Jamaica Pass, the furthest of the four passes through the Heights of Guan.

On August 27th, the British surprise, surround, and defeat the Continental Army, killing many and taking more than 1,000 prisoners. At the Gowanus Road, William Alexander (Lord Stirling), although surrounded, leads the “Maryland 400” in an attack on an overwhelmingly superior British position. This delaying action allows the bulk of his troops to escape over the marshy Gowanus Canal to the safety of the Brooklyn Heights fortifications. Five times they attack the British and five times they are repulsed with heavy loss of life. At the end, 265 of the Marylanders lay dead at the old stone farm house. Washington, observing from his high ground command post at Cobble Hill, says “Good God! What brave fellows I must this day lose.”

Washington and the rest of the Brooklyn defenders are now holed up in the forts at Brooklyn Heights. Although the British had crushed the outer defenses along the heights, several pieces of good luck help the Continentals:

1. The British ships never enter the East River opposite Brooklyn Heights due to a strong wind from the northeast. Had the British done so, it is probable the American Revolutionary War would have ended there and then with the capture of George Washington and his army.
2. On hand is a regiment of Marblehead Massachusetts sailors. These same sailors will ferry Washington and his army over the Delaware only four months later, on Christmas 1776.
3. Howe does not press the attack on the inner fortifications of Brooklyn Heights.

On August 29th, the Continental Army begins the overnight evacuation from Brooklyn Heights to Lower Manhattan. The Marblehead sailors make eleven round trips through swift and dangerous currents. They get all 9,500 troops, the horses, the canon and supplies to Manhattan without a single loss of life, thus ending the Battle of Brooklyn. The British see the empty forts in the morning and are astounded. Later, military historians see this evacuation to be an extraordinary feat of military maneuver.

Crucially, despite the loss of 90% of his army, Washington never gives up. From the ashes of this defeat arises the determination of George Washington and the Continental Army. They persevere through great difficulties ahead and turn the tide only four months later. Crossing the Delaware in a Nor’easter on Christmas 1776, they surprise and defeat the Hessians at Trenton. In the following Ten Crucial Days, the Continental Army wins battles in Trenton and Princeton (January 3rd, 1777), changing the course of history and enabling the birth of our free nation.

About the Author: Barry Singer lives part of the year at Wynmoor, and is a volunteer with the Historical Society of Princeton, NJ, speaking about the American Revolution and leading walking tours in historic Princeton. To learn more about Barry’s activities, visit www.barrysinger.co



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A Joyful Day At Antwerp's Mayer Van Den Berghe Art Museum

By Barry Isaac

In late November, I returned to Antwerp, Belgium, a city with a renowned tradition in the Fine Arts. The last time that I visited Antwerp and its fine art museums was in 1989.

On my recent visit, I spent one fine day at the Mayer Van Den Berghe Art Museum which houses the art collection of Fritz Mayer Van Berghe, a connoisseur and important art collector. This art museum specializes in paintings produced by Netherlandish Renaissance and Flemish Baroque Period Painters. Many of the paintings on display were made by painters associated with the city of Antwerp. The following painters associated with the city of Antwerp that had paintings on display were Quentin Massys "Christ On Cross With Donors," Netherlandish Renaissance, Master of Amiens "Death of Virgin," Netherlandish Renaissance, Cornelis Massys, David Teniers the Younger "Temptation of Saint Anthony," Flemish Baroque, Joachim Beukelaer "Vegetable Seller, Flemish Baroque," Daniel Seghers "Flemish Baroque," Jacob Jordaens "Adoration of Shepherds," this painting is associated with the Counter Reformation, Flemish Baroque, Cornelis de Vos, Flemish Baroque, "Vekemans Family," Pieter Breughel The Elder, Flemish Baroque, "Dulles Griet," its most famous painting with its abundance of details, Pieter Breughel the Younger, Flemish Baroque, "Census of Bethlehem," another very punctilious painting, and Clara Peeters.

Favorite 15th and 16th Century Netherlandish Paintings were Jan Gossart's

"Mary Magdalene," Vranke Vander Stockt's "Lamentation," Ambrosius Benson's "Saint Jerome," Juan de Flandes' "Feast of Herod," Jacob Cornelisz Oostansen's "Man of Sorrows," and Henri Met Bles," "Landscape With Christ and Men of Emmaus." All of these paintings related the prevalent Catholicism of the Netherlands at that time.

Favorite 17th Century Flemish paintings included Jacob Jordaens' "Adoration of the Shepherds," a quintessential example of Counter Reformation Art, Gerard de Lairese's "Venus Giving Weapons to Aeneas," the paradigm of splendid Flemish Mannerism, Jan Wildens' "Landscape With Dead Oak," and Pieter Breughel the Elder's "Mad Meg, Dulles Griet," a very punctilious surreal-type of painting.

Other paintings that captivated me were Simeone and Machilone Da Spoleto's 13th Century painting, "Scenes from the Life of the Virgin," Angelo Di Puccinelli's "Saints Leonard and Sebastian, Late Medieval Italian Painting, Italian Trecento, Alesandro Allori's "Francesco D'Medici quality Italian Mannerism, and 18th Dutch Master, Jacob Octervelt's "Fruit Seller." I also appreciated fine sculptural works by Master Heinrich Von Konstanz "Christ and Saint John Evangelist, 13th Century and 15th Century South Netherlands Sculpture, "Burial of Saint Andrew" made of wood.

I especially relished the comfortable atmosphere of the Mayer Van Den Berghe Art Museum and its helpful devoted staff.



Pieter Breughel the Elder "Mad Meg Dulles Griet"



Simeone and Machilone da Spoleto's "Scenes From Life of Virgin"

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